

Oklahoma Country

SUMMER 2013

THE MAGAZINE OF
THE OKLAHOMA FARM BUREAU



INSIDE:

A Dose of Red Dirt Medicine

Tactical Teaching

**Maintaining the
Oklahoma Standard**

Legislative Year in Review





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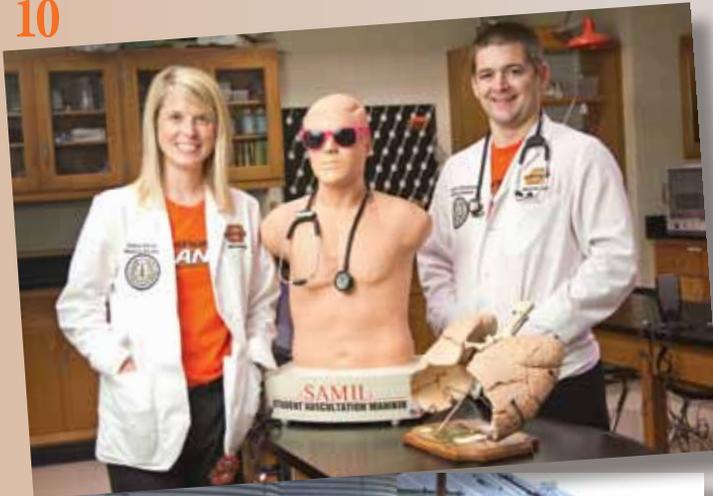


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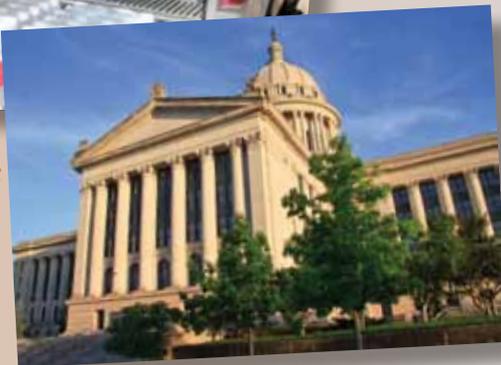
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Hidden number worth \$50!

One member family's Oklahoma Farm Bureau membership number is hidden somewhere in this issue of OKLAHOMA COUNTRY, and could earn that member family \$50.

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hidden membership number and contact Karolyn Bolay before the last day of the month Monday through Friday, 8:30 a.m. to 4 p.m. at 405-523-2320.

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on the face of your individual OFB membership card for you to claim the cash prize. The membership number that appears on your magazine's mailing label is not the hidden number, but also must match the hidden number for you to claim the cash prize.



Cover Image
OSU College of Osteopathic Medicine MS-II students at an Operation Orange event in Ada. Medical students shared their passion for medicine with high school students throughout Oklahoma during Operation Orange.
Photo By Dustin Mielke



BY MIKE SPRADLING
*President
 Oklahoma Farm Bureau
 & Affiliated Companies*

Not food, but water for thought

Thank you for another successful year in the Oklahoma legislature. I had the pleasure of spending two days in June at the Capitol standing beside Gov. Mary Fallin as she once again signed some of Oklahoma Farm Bureau's bills into law. Though we had many successes in both the House and Senate this year, one of the bills she signed – SB 965 – dealt with the reorganization of the Oklahoma Water Resources Board. I think as we move into the next legislative session, we will continue to see more legislation dealing with the topic of water. And rightfully so. In the last two years Oklahoma has seen some of the most severe droughts in recorded history. The question we – as Oklahomans – must ask ourselves is have the last two years been the exception or is this climate becoming more of a norm? In most years, those living in the eastern part of Oklahoma have enjoyed what seemed to be an ever abundant supply of water, while those living in the western portion of the state know what it's like for man, plants and animals to survive on just a few inches of annual rainfall. For the first time in many years, those living in the eastern side of Oklahoma realize the difference in surplus and deficit rainfall.

I don't subscribe to the theory of global warming, but I do believe in changing weather patterns. History has shown changes in weather patterns since weather has been recorded. We have had seasons of drought, floods and sub-zero temperatures followed by record-breaking heat waves. No one knows better than Oklahomans what it means to live in a state with four distinct, sometimes extreme, seasons. The truth about Oklahomans is that we have learned how to adapt to these extremes. Or have we? Or should we have to?

It's only human nature to sometimes overreact to a crisis, and then disregard the need for further action after the crisis subsides. The example I will use is the two-year drought followed by surplus water rushing out of the southeastern part of the state. You'll notice I mentioned the southeastern part of the state, and not the state in general. Many of us in the east think of the drought as being over, and for the time being for many, that's correct. But even though the water flows fast and

sometimes furious today in many parts of the state, there are many parts of Oklahoma where the drought still has a strangle hold on its residents, causing questions as what to do to survive until those weather patterns finally change once again.

The question we must finally ask ourselves – not as easterners or westerners but as Oklahomans – is do we want to continually wait and take our chances on Mother Nature or do we decide it's time to do something to negate the negative influence of weather as it relates to inadequate precipitation?

With the signing of SB 965, we as Oklahomans took the first step in answering that question. Without getting too deep in the details, the bill gives a more equal and fair representation of water interests across the entire state of Oklahoma. There are three things I would like to bring to your attention that I think we all agree. First, I think we all would agree with the findings of the Oklahoma Comprehensive Water Plan that most of the state's water is found in the eastern side of the state. Second, we realize that much of Oklahoma's water flows out of Oklahoma to the south. And third, I think most would agree the western portion of the state is dryer than the east. There is nothing earthshaking or newsworthy about these three scenarios that we haven't already realized as residents of Oklahoma. But isn't it time that we ask ourselves about the possibilities of moving surplus water from the east to the west, and if so, how do we accomplish this huge undertaking? While we ask these questions, we must also ask what is the cost to accomplish this task and what would be the return to the citizens of this great state? What we think is too expensive today may well be a bargain tomorrow. How many of us today drink water from a plastic bottle but not long ago said we would never pay more for a bottle water than we pay for a gallon of gasoline?

For sometime now, those of us involved in policy development have seen a greater demand and more regulations on fresh water supplies, whether it is surface water or groundwater. We owe it to our members of Oklahoma Farm Bureau and to all Oklahomans to be thinking of answers

to the questions asked earlier. Statisticians are telling us that by the year 2050 the earth's population will be 9.3 billion people. That equates to a 34 percent increase in mouths to feed and water to drink. And ladies and gentlemen, that increase will demand the American farmer and rancher produce 100 percent more food than we now do today. What challenges will this increase in population create for us in our ability to supply an adequate supply of fresh, clean water?

Back to the question about doing something about this inevitable situation; frankly, I don't think we have a choice. With that said, I would rather tackle the problem with an offensive plan rather than waiting until weather situations, maybe more widespread than just Oklahoma, force us to take defensive measures. I'm not telling you I have the answers to solve the problem at hand, but I do think we must begin giving this situation some serious thought. Two years ago Oklahoma Secretary of Agriculture Jim Reese sent me with a group on a fact-finding mission to Israel to look at the water situation and irrigation systems of some of the world's harshest deserts. This is a country that doesn't take water for granted. This is a part of the world where water conservation means the difference between life and death and where conservation turns a killing desert into a life-giving oasis. At first glance, solving the problem seemed relatively simple. Just treat municipal waste from large cities such as Tel Aviv, pump it in a big purple pipe as treated water all across the country, use it as irrigation for growing crops, turn what once was a wasteland into a field of dreams and feed your people. Not as simple as it sounds, but as they have shown through necessity, it is doable. No doubt we send millions of gallons of treated water downstream each day rather than using the gray water for irrigation purposes and saving potable water for current and future needs of our society. We as Americans have been blessed and fortunate to live in a country with what in the past has been an abundance of natural resources. I for one have taken much for granted, but the older I get, the more I experience and the more of this great nation and world I witness, the more I realize my responsibility to the next generation to be certain this generation does its part in providing and protecting the natural resources necessary to flourish as a nation for generations to come.

With all we have to work with – our ability to solve problems, our technology and research capabilities – why wait until a crisis before we address the problem? Lets get serious and find a solution to the problem we face in water distribution across the state with an offensive plan rather than waiting and being forced to take a defensive approach.

Mike Spradling



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By RICHARD NEWBERY
*Executive Vice President and General Manager
Oklahoma Farm Bureau Mutual Insurance Company*

Oklahomans serving Oklahomans

It's no secret – people trust who they know and what they know. Oklahoma Farm Bureau Insurance has been committed to earning our members' trust since 1946. When faced with recovering from a loss, people want to know they made the right choice for their insurance protection needs. We understand this expectation and it goes to the core of how we do business.

Unfortunately, far too many of our insurance customers have faced the challenge of recovering from loss this spring. 2013 has been one of the most active years for storm-related claims in the history of Oklahoma Farm Bureau Insurance. We all watched emotionally as destructive hail, windstorms and tornadoes tore through our communities. Homes were damaged, property was destroyed and even more devastating, lives were lost.

It is in these unfortunate times of disaster that we feel we must come together as a company to assist our fellow Oklahomans. From the moment the storms hit, OKFB Executive Director Monica Wilke asked our leadership team to engage in proactive solutions to help those affected by the storms, and I take pride in the level of commitment our leadership team and claims professionals

have dedicated to help our members start the recovery process during this historic level of claim activities.

From providing donation drop-off locations at the home office and many county offices, to setting up mobile claims offices in affected areas and even providing hands-on volunteers in the cleanup efforts, Oklahoma Farm Bureau is committed to serving the great people of this state.

"The same Farm Bureau you've always trusted, now even better" is more than just a tagline, it's a sincere approach that permeates through all areas of the company, especially claims. Our claims professionals experience these unfortunate catastrophes firsthand and understand they are first-impression ambassadors when working with members. While the level of impact our state experienced this spring posed a significant strain on our manpower and resources, I can say with confidence that our staff has diligently met each challenge along with the unsurpassed support and service of the agency force and agency managers.

When numerous tornadoes – including the largest F-5 recorded in history – devastated central Oklahoma in May, the claims department had staff in the affected areas the day after each event. We set up mobile response units in several locations

to ensure storm victims received timely assistance, and our claims office has worked extended hours and weekends to effectively service each of our members. The May events produced in excess of 3,300 property claims and 1,700 auto losses, and our staff's level of dedication to our members proves that the strength of our company is our people.

As Oklahoma's largest domestic insurer, we value the trust people put into us to be there for them when they need us most – after they have faced loss. For us to continue to meet our customers' needs and be financially strong, we must continue to manage our business responsibly to keep insurance affordable and available.

Looking ahead, our continuing challenge will be doing business and insuring homes, autos and property in a volatile weather state like our beloved Oklahoma, while staying financially strong with such a high exposure to weather-related losses. One way we are working to manage our business responsibly is to educate our customers on the importance of understanding their risk factors and reducing claim exposure. From carrying the appropriate level of coverage and choosing deductibles that better manage risk (which can also save customers premium dollars), to taking steps to reduce or prevent losses, our members can help keep their insurance affordable and available.

Once again, our prayers go out to the many Oklahomans affected by this spring's tornadoes and storms. Oklahoma Farm Bureau is firmly committed to helping every one of our customers who suffered loss, and we look forward to helping you through the recovery process.



Oklahoma Farm Bureau Insurance Casualty Specialist Brooke Redinger inspects damage near Plaza Towers Elementary School in Moore. The school was located in one of the hardest hit areas during the May 20 tornado. OKFB Insurance employees were on the ground as soon as possible after this and other storms to help customers begin the recovery process.

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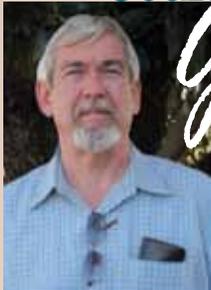
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BY GEORGE DRIEVER

*Extension Educator, Horticulture / 4-H Youth Development
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Preparing yard plants for the summer heat

For many people, the yard around their home is a private oasis where they can express their creativity while utilizing the space for relaxation and recreation.

Granted, it does take some work to maintain a healthy landscape, especially during those hot months when you wonder if anything can survive. There are some techniques the homeowner can utilize now to help the plants not only survive, but thrive during the summertime heat.

To help the lawn, flowers, shrubs and trees flourish and to be able to resist drought stress, they should all be fertilized. To know how much fertilizer is needed, it is best to have a soil test. If you have not had one in the last five years, you should consider doing so. In general, warm season grasses need about 1 pound of actual nitrogen/1,000 square feet of lawn. Cool season grasses (those that grow well in the shade in the summer like fescue) do not need to be fertilized during the summer months. Young trees that have been planted more than one year can use from 1/16 to 1/4 pound of actual nitrogen. Older, mature trees need 1/2 to 1 pound of actual nitrogen per tree. Apply this around the drip line and not against the trunk. One pound of lawn fertilizer like 10-10-10 contains 10 percent or about 1/10 pound each of nitrogen, phosphorus and potassium. So a small tree would need 1/2 to 1 pound of 10-10-10. It is better to under apply than to over apply fertilizer and risk burning the roots. Be sure to water the fertilizer in so the nitrogen is not lost.

If you don't want to use a synthetic fertilizer, you can use a product that is based from natural products or you can apply well-composted plant material to your beds or around your trees. If using a commercial, organic product, apply it at the rate recommended. If using composted material, simply spread it around your plants in the spring and late summer to use as a slow release fertilizer.

In addition to fertilization, mulching your garden, flowerbeds and trees helps to hold in

moisture and keep soil temperatures lower as air temperatures climb. Mulching reduces soil crusting, keeps down weeds and will reduce about 70 percent of summer yard maintenance. Mulch around trees helps reduce damage from lawnmowers and weed eaters. Apply 2 to 3 inches of mulch in flowerbeds, gardens and around trees. Cypress or cedar mulch will not decompose as rapidly as pine mulch and will help reduce insect populations in the mulch. Avoid using cedar or colored mulch in vegetable gardens. Ground cover plants can be thought of as living mulch that can reduce weeds and some mowing in difficult areas.

During the summer months, most plants need about an inch of water per week. This can be applied in two applications of 1/2 inch each. While water restrictions or the lack of access to water may prevent watering your plants, the mulching described above will reduce some of the impact of drought. Utilizing drip irrigation under your mulch in flower or vegetable gardens can help to save water and time by applying the water to the root zone of the plants.

After blooming, shrubs should be pruned to the size that suits the site and the owner's preference. Try not to remove more than one third of the plant per year. Vigorous, unwanted limbs, as well as growth at the base of a tree, should be removed. When forks develop on the main trunk of a tree, the least desirable trunk should be removed as soon as it is noticed. Trees damaged in storms should have the damaged or dangerous branches removed. If the tree is too large or beyond the owner's comfort zone, a tree pruning specialist should be employed. When removing branches, cuts should be made at the collar of each branch. On storm damaged trees, trimming more than one third of the plant may be required. Try not to top trees (cut off all the top). This will result in massive, weak shoot growth.

Monitoring yard plants for disease or insect damage is as easy as taking a walk when the temperature is comfortable. By catching plant problems early, you prevent the death of a plant and reduce the amount of time it takes the plant to recover from whatever is attacking it. As you wander through the yard, look for plants that have damaged leaves, a yellowish cast, speckles of yellow or dark spots on leaves. Damaged leaves usually signify the presence of an insect or larva feeding on the plant. If you have fertilized, the yellow or yellow speckles may be alerting you to insects that are feeding on the undersides of the leaves. Shaking a branch over white paper will help you to see if tiny insects are present. Dark spots on leaves or stems are likely due to the presence of a plant disease. Contact your extension educator or someone at a local nursery to determine the right course of action to correct any of the plant damage issues discussed.

According to Oklahoma's weather monitoring network, the Mesonet, the eastern two-thirds of the state have had greater than the normal rainfall in the last 120 days. While the western third of the state is still under drought conditions, most of that area has had 4 to 10 inches of rain during the same period. As we move further into the summer months, we cannot count on more precipitation. Utilizing the practices described above can lessen the impact of the heat and drought conditions that have been so hard on Oklahoma trees and other plants.

For information on how to take soil samples, how to properly prune branches or other questions relating to plant care, contact your county extension office.

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Oklahoma Beef Checkoff

UPDATE

Oklahoma Beef Council Launches Website to Educate Physicians

The Oklahoma Beef Council (OBC) is excited to announce the launch

of a nation-wide program to educate physicians and other health professional groups on how lean beef fits into a heart-healthy diet. In 2012, the Beef Checkoff released the results of the checkoff-funded BOLD (BEEF in an Optimum Lean Diet) study. The study demonstrated that lean beef could be added to a heart-healthy diet every day and significantly lowers cholesterol. Since the release of the BOLD study, there have been significant efforts by National Cattlemen's Beef Association, a contractor to the The Beef Checkoff, and state beef councils, including Oklahoma, to share the information with health professionals across the US. However, the OBC saw a new opportunity to do more.

Knowing that continuing medical education (CME) was an important requirement for most physicians and knowing that online medical education was also growing, the OBC engaged a top medical communication company to develop an online training program on the BOLD study to help educate physicians looking to fulfill their continuing medical education requirements. The website www.heart-healthy-nutrition.com features two video presentations on the BOLD study narrated by Dr. Michael Roussel, one of the principal investigators. Physicians can take the courses and receive their CME's with accreditation from the American Academy of Family Physicians.

Why is this project significant? With the release of the BOLD study and the advent of web-based training, we are poised to provide a long-term framework for successful continuing medical education. In addition, when you consider the average family physician sees eleven patients a day, there is an incredible opportunity to create a domino effect of positive beef nutrition education. The bottom line-through your beef checkoff, the OBC is providing outstanding science-based research that clearly demonstrates the positive role beef can play in a heart-healthy diet with a key influencer group, doctors.



New Beef Checkoff Consumer Advertising Premieres

The "Beef. It's What's For Dinner." consumer advertising campaign premiered this spring bringing the recognizable tagline to older millennial and Gen-Xers. The new campaign, funded by the beef checkoff, will feature sizzling beef recipes, juicy details about essential nutrients and the voice of one of Hollywood's most promising new talents.



"This campaign builds upon the core benefits that only beef offers -- its great taste and 10 essential nutrients. While most folks just look at beef for its sizzle or great flavor, it's made up of more than that. Its nutrients are what make it the most powerful protein and what makes beef above all else," says Cevin Jones, chair of the checkoff's Domestic Consumer Preference Committee and producer from Eden, Idaho. "It

doesn't hurt that the voice delivering the message on the other side of the radio epitomizes health and sizzle too."

New Voice for a New Target

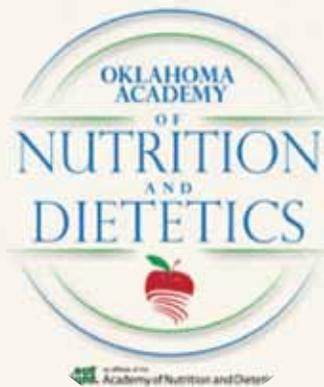
The new "Above All Else" campaign aims to reach the next generation of beef eaters - the older millennial and Gen-Xer, aged 25 to 44 -who care about food and nutrition.

While keeping many brand mainstays, such as Aaron Copeland's "Rodeo" music, the new beef campaign is switching up the voice behind the famous words, "Beef. It's What's For Dinner." Sparking a new interest for the older millennial and Gen X target, Garrett Hedlund's voice will take a starring role in the campaign's radio spots. Garrett, an up and coming young actor, personally represents healthful living, and his strong, warm voice is perfect for provoking new understanding about beef. "I'm proud to represent America's farmers and ranchers," Hedlund said. "I grew up on my father's cattle operation, so I'm right at home as the new voice of beef."

Farmers and Ranchers- Don't forget to sign up for the Oklahoma Beef Checkoff Update, a monthly e-newsletter providing the latest in checkoff information and news at www.oklabeef.org/e-newsletter.aspx

The print advertisements will appear in monthly national magazines with an emphasis on food, health/fitness, parenting, lifestyle and men's sports. In addition to traditional print placements, the campaign will appear across a wide range of digital platforms, such as 22 tablet versions, online radio stations (e.g., Pandora), video websites (e.g., Hulu), social networking sites (e.g., Facebook) and popular recipe websites (e.g., AllRecipes.com). State Beef Councils will extend the campaign through print, radio, digital, in-person promotions, sporting events, outdoor advertising and more. Public relations, health professional outreach, social media and other promotional efforts round out this integrated effort.

Sharing the Positive Beef Story- Oklahoma Academy of Nutrition and Dietetics



The Oklahoma Beef Council was a sponsor of the Oklahoma Academy of Nutrition and Dietetics (OAND) annual convention. As OAND represents the leading group of nutrition health professionals in the state, it was a wonderful opportunity to provide outreach on beef's role in a heart healthy diet as well as information on beef production. As part of

the sponsorship, the Oklahoma Beef Council hosted an educational program featuring Dr. Sara Place, an expert in beef sustainability systems and an assistant professor in the animal science department at Oklahoma State University. Dr. Place gave a presentation on the significant improvements of the cattle industry and its impact on the environment from land and water usage to its carbon footprint. There were approximately 200 dietitians in attendance and the presentation was very well received.

American Heart Association Certifies Three More Beef Cuts

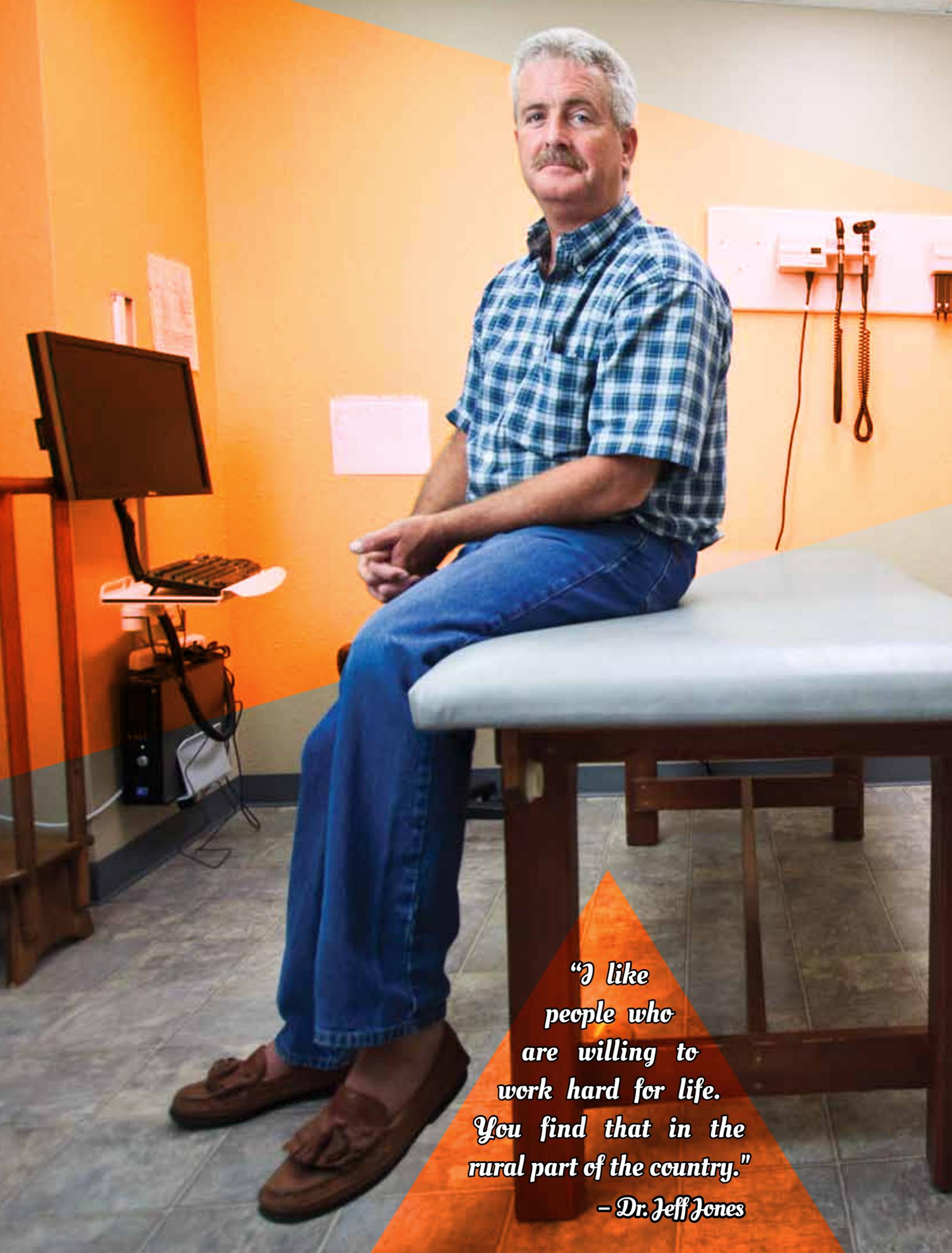
The Beef Checkoff Program has announced that three additional fresh beef cuts now are certified to display the American Heart Association's Heart-Check mark. With that, retailers have the opportunity to market a total of six different extra-lean beef items to shoppers using one of the most trusted nutrition icons on food packaging today.



The extra-lean beef cuts that meet the American Heart Association's criteria for heart-healthy foods as part of an overall healthy dietary pattern, and are certified to display the Heart-Check mark include the following USDA Select grade cuts:

- Sirloin Tip Steak
- Bottom Round Steak
- Top Sirloin Stir-Fry
- Boneless Top Sirloin Petite Roast
- Top Sirloin Filet
- Top Sirloin Kabob

Having the American Heart Association certify three additional extra-lean beef cuts is yet another important milestone in the beef checkoff's efforts to help consumers understand the positive health and nutritional benefits of beef.



*"I like
people who
are willing to
work hard for life.
You find that in the
rural part of the country."
- Dr. Jeff Jones*

A Dose of Red Dirt Medicine

Story by Samantha Smith
Photos by Dustin Mielke

Medicine

Dr. Jeff Jones is a modern-day Marcus Welby, the 1970s television family practitioner with a kind and compassionate bedside manner. He's the guy you see at Atwoods on a Saturday afternoon. He's the one teaching 8 year olds across Garfield County about Charlie the skeleton. He's your friend you run into when you're out eating on Friday night. He's your rural family care physician.

Jones has been practicing osteopathic medicine in Enid, Okla., for almost 30 years, but this Iowa native didn't always dream of treating patients in a place surrounded by red dirt roads.

"I figured I'd either go back to Iowa ... or I would be a ski slope doctor in Colorado," Jones said. "God's infinite sense of humor brought me here. The rest is history."

His hometown of Spirit Lake, Iowa, was home to about 300 people, so Jones knew what small-town life was all about. Although he didn't grow up on a farm, he knew he wanted to practice medicine in a place with a similar atmosphere.

"I never had to throw hot, heavy bales in the summertime," Jones said, "but I had enough farming experience that going back to that kind of setting made sense."

The type of people produced from small towns also attracted him to rural Oklahoma.

"I like people who are willing to work hard for life," Jones said. "You find that in the rural part of the country."

Practicing medicine in a rural part of the state is nothing short of satisfying for Jones. He said the connection he makes with his patients is unmatched by urban practices.

"In the big city, I think you could easily take care of folks who you would never see again," Jones said. "You don't have the bonding between the physician or the hospital staff and the patient."

Without a doubt, Oklahoma needs physicians just like Jones in rural areas of the state. Tulsa and Oklahoma City house a majority of doctors, while rural areas of Oklahoma are hurting for health care.

About 90 percent of Oklahoma is considered rural with the remaining 10 percent falling under the urban category. However, only one-third of the doctors in Oklahoma are stationed in rural areas, causing Oklahoma to rank 49th in the United States in terms of physicians per capita.

To make matters worse, more than 50 percent of the population lives in rural areas, resulting in rural doctors left to meet the medical needs of more people with less manpower.

The distance between doctors in rural Oklahoma is causing a major issue when it comes to the health care of those individuals who live outside the Tulsa and Oklahoma City metro areas.

Faces of Operation Orange



Sydni Jones & Anish Bhatka



Luanne Vo



Andrea Partida & Austin Brookover

**OSU Health Sciences
telemedicine bus**

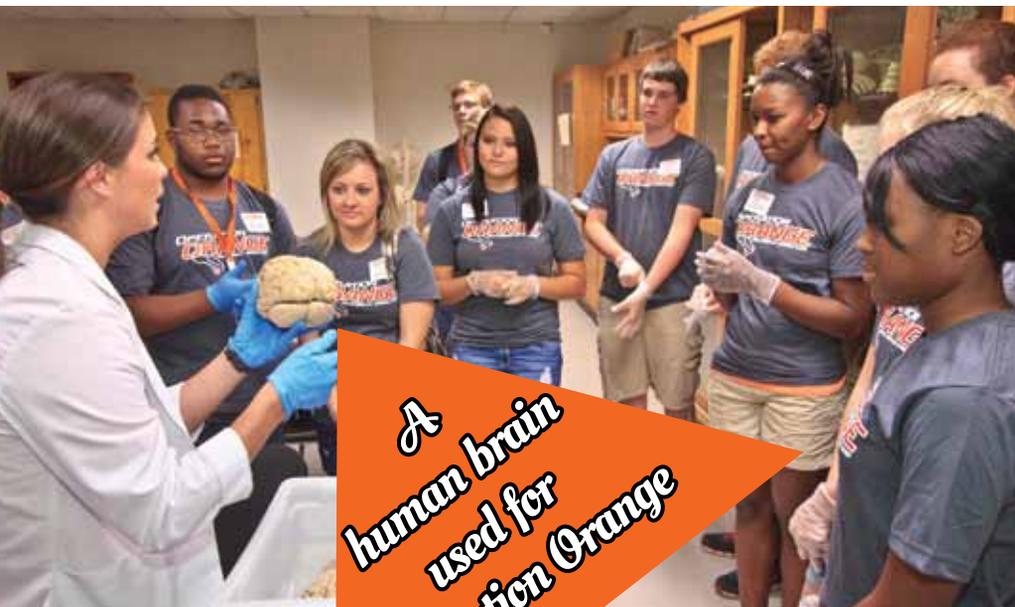
Below

Second-year, or MS-II, students from OSU College of Osteopathic Medicine participate in Operation Orange, where they share medical knowledge with students. Left to right: Andrea Partida, Luanne Vo, Dustin Cheney, Heather Hardebeck, Anish Bhakta and Austin Brookover.



Left

Sydni Jones shows Operation Orange participants a human brain while discussing organs with the high-school students.



**A
human brain
used for
Operation Orange**

Right

Dr. Jeff Jones with Charlie, the 100-year-old skeleton he uses to teach students and assistants about the construction of the human body.



**Charlie, the
100-year-old
skeleton.**



“The best indicator of health outcomes is to be able to have access to a physician,” said Dr. Kayse Shrum, dean of the OSU College of Osteopathic Medicine. “A lot of people don’t want to drive miles and miles to go to the doctor, so they may put that off.”

Shrum said rural medicine is crucial to the well-being of rural communities.

“Medicine is a huge part of rural communities,” Shrum said. “It’s a very important part of keeping communities healthy and keeping the economies of rural Oklahoma healthy.”

Rural areas of the state are also seeing an aging physician population.

“The average physician in Oklahoma is closer to the age of 60 and getting closer to retirement,” Shrum said. “They’re ready to retire, but they’re staying there because they’re committed to their communities.”

As these physicians approach retirement, new doctors are needed to take their place. Sydni Jones, second year medical student at the OSU College of Osteopathic Medicine and daughter of Dr. Jeff Jones, said she hopes to be one of those doctors who can fill the void in rural Oklahoma.

“I’ve wanted to go to medical school since the day my dad brought Charlie the skeleton into second grade and we did the bone song,” Jones said. “As I got older, it became more of my own passion because I saw the needs that physicians were able to fill.”

Jones plans to return to Enid and practice family medicine after graduating with her medical degree and finishing her residency.

The OSU College of Osteopathic Medicine, located in Tulsa, has been working to train students like Jones to return to rural and underserved parts of Oklahoma to practice medicine.

To accomplish this, the college has formed partnerships with rural hospitals across the state willing to train OSU students for the duration of their rotations and residencies. Current partnerships include hospitals in Tahlequah, McAlester, Durant and Enid, as well as the OSU Medical Center in Tulsa, the college’s main teaching hospital.

Since statistics show physicians generally stay within 100 miles of where they complete their residencies, having students train in these areas of the state is beneficial to rural Oklahomans.

“The hospitals can see that having residents there is good for their quality of care,” Shrum said. “It’s good for their physicians and it’s good for their community because there’s no better way to recruit than to have them right there for the time that they’re doing their residencies.”

Shrum said urban hospitals are the traditional training hospitals for medical students, but rural hospitals offer high-quality training as well.



“We have to show people that you can get excellent training and you can become a great doctor if you’re training in a rural area,” Shrum said. “You don’t have to be in an urban setting to get the best medical education.”

OSU has recently added a rural medical track to its curriculum to get those students interested in returning to rural Oklahoma back in those areas of the state as soon as possible.

Students in the rural medical track will take their first two years of classes at the OSU medical school in Tulsa. They will then be sent to a partnering hospital near the town they hope to return to for two years of rotations and three to five years of residencies, depending on their respective specialty.



An Operation Orange participant practices intubation, which is the skill of placing a tube in a patient’s windpipe.

“The students who are in the rural medical track will spend the majority of their time training in hospitals and clinics in rural Oklahoma,” Shrum said. “The rural medical track helps students stay connected to rural Oklahoma as well as learn from rural physicians about how to practice, what makes a healthy practice and what issues are going on in rural Oklahoma.”

Second-year medical student Amanda Jantz is one of the first students to begin the rural medical track. Hoping to return to her hometown of Dixon, Okla., Jantz will complete most of her training in Durant, Okla.

“They’re sending me out of the Tulsa area at the earliest date possible so that I can get back to the area that I want to be in,” Jantz said. “They’ve found that the quicker you get students out to these areas, the more likely they are to stay there.”

To recruit students for the OSU College of Osteopathic Medicine and the rural medical track, the college has initiated Operation Orange, an event designed to open the eyes of high school students in rural areas to the possibilities of medicine.

“Operation Orange is really an opportunity for us to take medicine into the rural communities and expose kids to it,” Shrum said.

Shrum, along with about 20 OSU medical students and staff, took Operation Orange to Lawton, Enid, Tahlequah and Ada during June 2013. Their mission is to recruit students who would want to return to the area they are from to practice medicine.

“One of the main indicators of where a physician will choose to practice is where they’re from,” Shrum said. “It’s very strategic about where we’re at, what we’re doing and how we hope to impact the state.”

She compared the search for future rural physicians to the recruitment of football players.

“If you need a quarterback, you recruit a quarterback,” she said. “If you want a doctor in rural Oklahoma, you need to recruit kids from rural Oklahoma. Those are the people I believe will go back and care for Oklahoma and provide the kind of medical care that Oklahomans in rural Oklahoma deserve.”



Students rotate between stations where they learn about careers within rural medicine during Operation Orange. The camps were held in four locations across the state.



On the road with the OSU Center for Health Sciences mobile telemedicine bus

Medical care is making its way to rural Oklahoma in a unique fashion on the wheels of the OSU Center for Health Sciences mobile telemedicine bus. This 49-foot bus is equipped with state-of-the-art medical equipment to offer medical care to rural parts of the plains.

“We go out into rural communities to supplement their health care with

specialties that they wouldn’t normally get from that location,” said Debbie Martin, telehealth manager for the OSU Center for Health Sciences.

This clinic-on-wheels makes its sweep across rural towns within a two-hour radius of Tulsa. The bus operates about two days a week and sees 10 to 20 patients per trip.

The telemedicine bus is equipped with a waiting room, a vitals station where blood pressure can be taken and immunizations can be administered, a mental and behavioral health exam room, and a fully-equipped medical exam room.

Cardiology, dermatology, general pediatrics and psychology are just a few of the specialties the bus is equipped to offer.

With a satellite connection similar to a wireless connection on your computer, the telemedicine bus connects the patient to a physician through video conferencing. These two-way interactive consultations allow patients in rural areas to receive medical care from the exam room on the bus.

“The patient sits in the exam chair and can see the doctor on the screen in front of them,” Martin said. “The doctor can address the needs of the patient from miles away.”

Since the doctor is not in the same room with the patient, licensed individuals are on the bus to help present



Heather Hardebeck (left), demonstrates the telemedicine capabilities of the bus to Operation Orange Participants as Dustin Cheney sits in as a patient.

Operation Orange was a combination of hands-on workshops and presentations that gave students a taste of what it's like to be a doctor in rural Oklahoma. They got to practice suturing, intubation and clinical skills, as well as learn about hearts, lungs and brains while holding the organs right in their hands.

Shrum said the best way to get a student interested in medicine is to put it right in front of them and let them know what they can do with it.

“Part of my passion is exposing kids to medicine who wouldn't otherwise be exposed and telling them that they can and that Oklahoma needs them to go back and practice in their communities,” Shrum said.

Shrum said most of the time, it's not because someone has told them they can't be physicians in the rural Oklahoma towns they love – it's because no one has told them they can.

With about 30 students currently enrolled in the rural medical track and five training hospitals throughout the state, the OSU College of Osteopathic Medicine is actively training doctors to return to rural communities of Oklahoma. The goal is to see that Oklahomans in every corner of the plains have the opportunity to get a dose of that red dirt medicine right in their communities.

Operation Orange participants use stethoscopes to monitor organ and circulatory function, take and record blood pressure of fellow participants, and visit with OSU College of Osteopathic Medicine students to learn about medical school.

Below



the patients to the physician. These individuals range from registered nurses and paramedics to emergency medical technicians and licensed practical nurses.

“Their primary role is to be the hands for that doctor,” Martin said.

These assistants use digital medical equipment such as otoscopes, stethoscopes and hand-held cameras to transmit images from the patient to the physician. The physician can then diagnose the medical issue from his or her side of the video conference.

Third-year medical students are also allowed on the bus to complete their community clinic rotations. This type of rotation gives medical students the opportunity to see what it is like to treat patients in a rural area, Martin said.

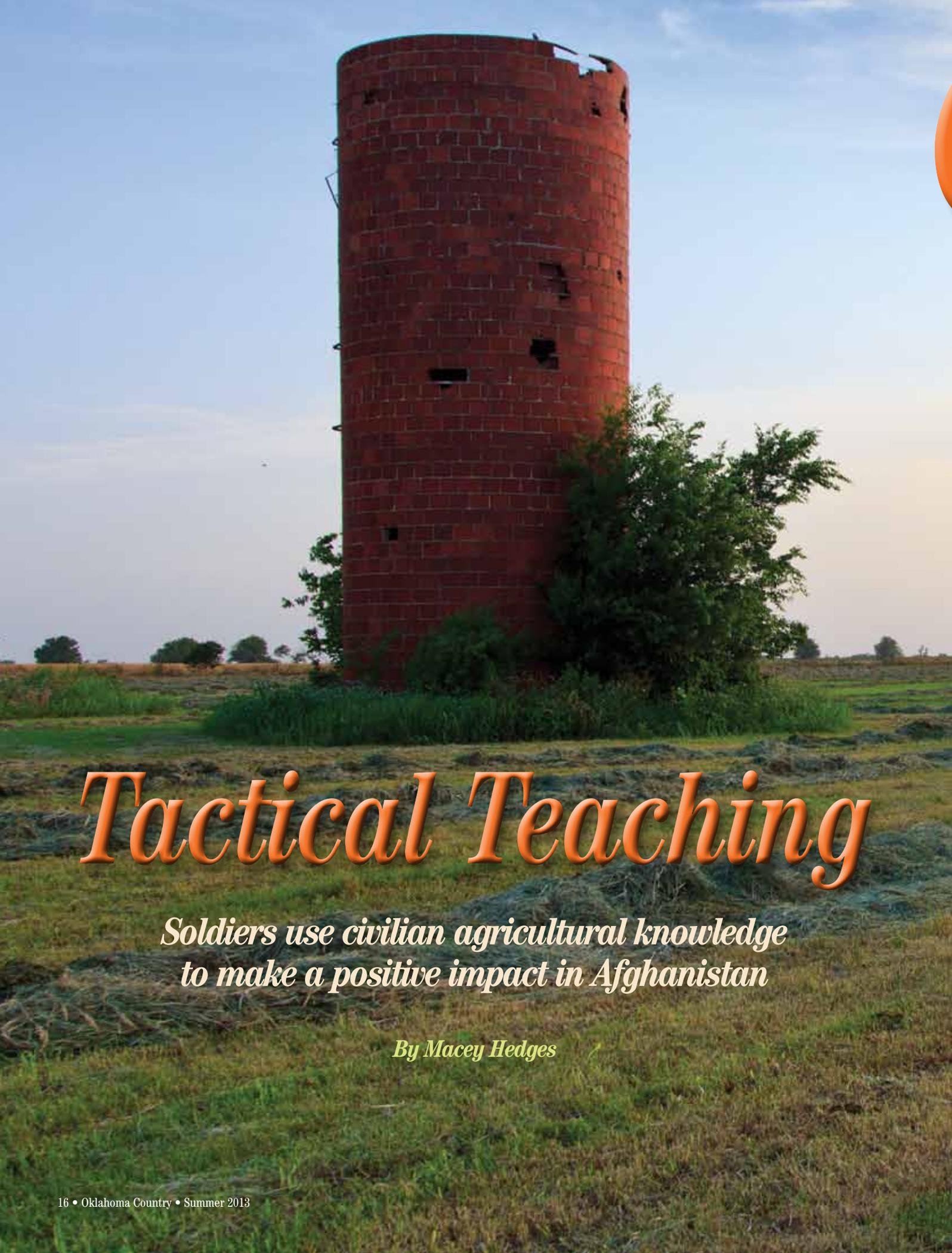
Part of the mission for the OSU Center for Health Sciences is to provide quality healthcare for rural Oklahoma, and the telemedicine bus is just one way they are fulfilling that mission.

Below



The telemedicine bus provides rural residents access to specialists in metropolitan areas. The bus visits patients within a two-hour roadtime radius of Tulsa.





Tactical Teaching

*Soldiers use civilian agricultural knowledge
to make a positive impact in Afghanistan*

By Macey Hedges



Oklahoma Air National Guard Technical Sergeant Kody Jorgensen watched eagerly as the workshop participants began to comprehend the new material. He enjoyed introducing modern concepts and helping participants practice new techniques, and it was during these workshops that he began to develop a passion for teaching. But this was no ordinary classroom. Dressed in full military kit and speaking through an interpreter, Jorgensen and his Agribusiness Development Team (ADT) were helping Afghanistan farmers improve their livestock operations through educational clinics and hands-on learning.

Although Jorgensen joined the 138th Fighter Wing of the Oklahoma Air National Guard during college to help pay for his education, he soon realized the impact he could make as an airman. After an initial deployment to Iraq in 2008, Jorgensen decided to use his civilian knowledge of animal agriculture to help fellow farmers and ranchers efficiently raise their animals.

Jorgensen grew up in Mesa, Ariz., but moved to Mannford, Okla., during high school. His involvement in FFA and interest in showing sheep and cattle led him to pursue an animal science degree at North-eastern Oklahoma A&M College in Miami, Okla., and it was there he met his wife, Quatie.

After his tour in Iraq, Kody and Quatie moved to Stillwater where he finished his degree in animal science at Oklahoma State University.

Throughout college, Jorgensen developed a deeper appreciation for agriculture and decided to apply for a joint ADT mission with the Georgia Army National Guard. ADTs are units of 55 to 70 Guard members who have civilian skills in agricultural and community development, links to agricultural colleges and military training. The teams work with local farmers, veterinarians and government officials in post-conflict/post-disaster areas to increase agricultural knowledge and improve agribusiness operations.

The 48-man Georgia ADT II included 10 agricultural specialists, who all had farming and ranching experience. University of Georgia professors prepared the team to use alternative techniques when working with farmers in impoverished areas where electricity was not always available.

“Because the Georgia Army National Guard had sent other teams before us, they knew some of the issues we would face,” Jorgensen said. “Our training with the University of Georgia allowed us to adjust the animal husbandry skills we would be using when working with the Afghanistan farmers.”

Sergeant Major Jay Sharpe of the Georgia Army National Guard was also a member of the Georgia ADT II. He said the team’s training was crucial in helping Afghanistan farmers sustain their families through better management practices.

Kody and Quatie Jorgensen and their daughter Kuayah stand among windrows on their Miami, Okla., farm.



DUSTIN MIELKE

“Third World countries are so drastically different than what were are used to in the U.S., so it was important to find practical solutions,” Sharpe said. “At an elevation of more than 6,500 feet, the Afghanistan people endure several winter months where food is scarce, so increasing production is critical.”

On March 9, just as his training was ending and only three days before he was scheduled to travel half way across the world, Jorgensen’s wife gave birth to their first child, daughter Kuwayah, and he was able to be in Tulsa for the delivery.

With photos of his baby girl and a Skype account setup to watch her grow, Jorgensen and his team deployed.

“Leaving so quickly after Kuwayah was born was tough, but I feel fortunate to have been there for her birth,” he said. “That’s something a lot of soldiers miss out on.”

The team was stationed at Forward Operating Base Shank near Pul-e-Alam and traveled to districts throughout the Logar and Wardak Provinces of Afghanistan to provide training to local citizens.

Jorgensen and his team worked with Government of the Islamic Republic of Afghanistan (GIROA) officials to identify the districts

(similar to towns) where workshops could be organized. Location availability was also dictated by the U.S. Army based on the stabilization of an area.

“Our ability to visit a district center could change from day to day,” he said. “Security was sometimes a barrier, but thankfully we had members on our team who were expertly trained to secure an area prior to our arrival and during our stay in a district.”

The ADT visited four or five districts in each province and worked with district extension managers, GIROA officials similar to extension agents, to address the area’s specific agricultural concerns and issues. Most importantly, the ADT trained the GIROA officials to teach courses and educate locals so they could continue sharing information once troops were withdrawn.

“Our big push was to educate the GIROA officials so they could become a source of knowledge for each district,” Jorgensen said. “We also wanted to help build trust among locals and the GIROA officials and give them credibility.”

Jorgensen’s team would meet with the district extension managers prior to a workshop to go over curriculum and empower them to teach the course the next day. The ADT members attended the trainings to answer questions and make sure the information was accurately presented. The workshops focused on improving herd health, including classes on ruminant nutrition, vitamins, hoof care, the use of sprayers, parasite detection and proper castration techniques.

Although Jorgensen’s main responsibility was to help locals better care for their poultry, cattle, sheep and goats, other trainings focused on watershed and nursery management and women initiatives.

“It is hard for women to work there because it is not considered ‘their place’ in that culture,” he said. “A lot of times women were the ones who took care of the animals and the crops at home, but then the men would come to our workshops. We used the women initiative workshops to encourage women to attend.”

In addition to the trainings, ADT members provided the district extension managers with veterinarian supplies, vaccines and minerals to distribute to each local farmer who attended the workshops. Other pieces of equipment, including hand-pump

sprayers and bloodless castration devices, were given to the district extension managers to loan to locals as needed.

Sharpe said the animal care clinics were well received in the districts, and the training and supplies provided to the farmers made a beneficial impact on their livelihoods.

The ADT also helped local citizens establish commodity groups, including a greenhouse growers association and a wheat seed growers association. Sharpe said the wheat seed growers were able to increase their yield 300 percent in 2012 after receiving the training and equipment necessary to produce and market quality wheat seed.



Top: District extension managers explains proper hoof care to farmers during a workshop in the Saydabad District. Members of the Georgia ADT II trained the director prior to his presentation.

TSgt Kody Jorgensen (right) demonstrates a fecal count procedure to district extension managers and local farmers in the Saydabad District in Wardak Province, Afghanistan.

We're in the hunt for answers about quail



Your Wildlife Department is actively pursuing the reasons behind decades of declining bobwhite quail populations.

WHAT ARE WE DOING?

- The Wildlife Department is working with Oklahoma State University's Department of Natural Resource Ecology and Management and the Oklahoma Cooperative Fish and Wildlife Research Unit to study quail habitat and the effects of weather and hunting. Researchers are using transmitters on birds to collect data about their daily habits. These efforts are scheduled to continue until 2017 on several wildlife management areas.
- *Operation Idiopathic Decline* (OID) unites the expertise of the Oklahoma Department of Wildlife Conservation, Texas A&M University, Rolling Plains Quail Research Ranch, Texas Tech University and Texas A&M-Kingsville to research possible factors such as diseases, toxins, parasites and insects. The Wildlife Department is collecting quail from 10 wildlife management areas in Oklahoma to provide sample birds for disease research. OID will continue into 2014.
- The Wildlife Department is providing technical assistance to landowners who want to improve habitat for quail. To learn more about this assistance, call (405) 684-1929.



HOW CAN YOU HELP?

Hunters, through their hunting license dollars, help fund these quail research efforts and conserve the species for future generations.



Learn more in the newly updated "Quail Habitat Guide" and go online to read "Upland Urgency" at wildlifedepartment.com.

“More than 80 percent of the Afghanistan citizens are involved in farming, herding or both,” Sharpe said. “Most of them farm to keep their families fed throughout the winter, but the extra amount they have to take to market can make a big difference.”

Jorgensen said the trainings grew in popularity over time. As locals began attending the clinics, word spread about the beneficial information and tools being shared.

“Instead of teaching 20 people one day and then leaving, we would stay in an area three or four days and teach more than 100 people,” Jorgensen said. “It was also helpful for the district extension managers because the more they taught the material, the better grasp they had on the knowledge.”

Jorgensen had never considered a teaching career before his deployment, but his experience in Afghanistan made him realize the fulfillment in helping others grow and become better agricultural stewards.

“It was an awesome feeling to sit in a class with 30 or 40 Afghans who had so many questions and to be able to help them keep their livestock healthy and profitable,” he said. “We weren’t there to teach them how to farm; they’ve been doing that for a long time. We were there to provide advice and tools to produce more efficiently.”

Now back in Oklahoma, Jorgensen is preparing to start classes again this fall at OSU. He is working on a master’s in agriculture and plans to obtain his teaching certificate.



Left: Kody Jorgensen sits outside of the Animal Sciences Building on the campus of Oklahoma State University. Jorgensen is currently a master’s student at OSU.

He and his wife enjoy taking their daughter back to Miami, where the couple owns a Limousine-influenced cow-calf operation.

“My wife grew up on a farm near Miami, and some of my greatest childhood memories include going to Montana to see my grandfather’s cattle,” Jorgensen said. “I’ve just always been interested in agriculture, and I’m thankful to have an opportunity to be involved – both personally and in my work.”

Jorgensen hopes to serve out his 20 years in the Oklahoma Air National Guard. Members of the Guard may be called up for federal active duty in times of Congressionally sanctioned war or national emergency, and while he is uncertain about future deployments, he continues to fulfill his training in Tulsa one weekend a month and two weeks a year.

If the time comes, Jorgensen will be ready, but until then, he looks forward to finishing his master’s degree, growing his cattle herd and eventually getting the opportunity to teach. He is also thankful for the time he spends with his family on their farm in Miami.

“I feel like I have the best of both worlds in the Guard,” he said. “I get to serve my country and work with really great people, but I appreciate the chance to be with my family and my animals on a regular basis.”

For more information about the National Guard’s Agribusiness Development Team missions, please visit www.ADTProject.org.

Kody Jorgensen checks on his herd of Limousine-influenced cows on his family’s farm near Miami, Okla. He and his wife Quatie have about 20 cows in their operation.



BOTH PHOTOS – JUSTIN MIELKE



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Maintaining the Oklahoma Standard

Farm Bureau members offer support for tornado victims.

By Macey Hedges

May 2013 is not a month Oklahomans will soon forget. The state watched as deadly tornadoes tore through several communities, leaving thousands homeless and devastated. In an effort to aid the victims of these recent storms, Oklahoma Farm Bureau and several of its county offices provided donation drop-off locations where community members graciously brought items for those in need. The Oklahoma Farming and Ranching Foundation set up a relief fund where generous donors have given more than \$70,000. It comes as no surprise that the outpouring of service and support from Farm Bureau members has been tremendous.

It has been especially humbling for many to watch as fellow Oklahomans have come together to recover, recoup and rebuild. Although the "Oklahoma Standard" was established in the aftermath of the April 1995 Oklahoma City bombing, it continues to be the benchmark against which all efforts are measured, and the May 2013 tornadoes are no exception. Oklahomans worked together to assist friends, neighbors, coworkers and strangers, and any call for supplies

or donations was answered without question or hesitation in overwhelming numbers.

From cases of water and truckloads of peanut butter to personal checks and state Farm Bureau donations, Farm Bureau members from across the state and country have gone above and beyond to provide for storm victims. Fellow farmers and ranchers from Oklahoma and states near and far have donated supplies, hosted fundraisers and even traveled to central Oklahoma – chainsaws and work gloves in tow – to help affected families begin the cleanup process.

While progress has been made in many of the areas affected by the tornadoes, the recovery and rebuilding efforts will be on going. OKFB is still accepting monetary donations and will continue to provide relief as necessary. Donations can be sent to: Oklahoma Farming and Ranching Foundation, 2501 N. Stiles Ave, Oklahoma City, OK 73105. Please specify your donation is for tornado relief. Thank you for your support!

Wisconsin Farm Bureau member Stan Hallman picks up debris in a field on Cleveland County Farm Bureau member Jimmy Mabry's family farm near Moore. Hallman was so moved by the tornado footage he saw on the news that he and two family friends – brothers Michael and Steven Brooks – drove 13 hours from their central Wisconsin town of Berlin to help with the cleanup efforts.



Thank You!

Monica Wilke, executive director of the
Oklahoma Farming and Ranching Foundation

Our hearts and prayers go out to those members, employees, policyholders and all other families who lost life and property during the spring tornadoes. On behalf of the Oklahoma Farming and Ranching Foundation, I would like to express my sincere appreciation for the many generous donations we have received to help our fellow Oklahomans recover from a very devastating time in our state's history. Below is a list of individuals and county and state Farm Bureaus who have made monetary contributions to the Oklahoma Farming and Ranching Foundation for tornado relief efforts.



From top to bottom:

OKFB Executive Director Monica Wilke (left) and OKFB President Mike Spradling (right) accept tornado and storm relief donations from Kentucky Farm Bureau Mutual Insurance Company Executive Vice President and CEO Brad Smith and North Carolina Farm Bureau Mutual Insurance Company Executive Vice President Steve Carroll. Several state Farm Bureau organizations have donated money, food and supplies to the relief efforts in the recent months.

Cases of water, diapers, cleaning supplies and more await delivery to tornado victims. A special thank you to Caddo, Custer, Noble, Nowata, Pottawatomie, Seminole and Stephens Counties and the OKFB Young Farmers and Ranchers Committee for donating the items.

"Walk the Farm" participants stroll through Glenn Tanaka's farm in Irvine, Calif. Tanaka, a California Farm Bureau member, began hosting Walk the Farm to raise money for Japanese farmers affected by the tsunami in 2011. After this year's walk in June, Tanaka plans to donate \$8,000 to the Oklahoma Farmers and Ranchers Foundation to aid Oklahoma farmers with tornado relief efforts. Nearly 2,500 walkers sampled fresh fruits and vegetables as they made their way around a 1.5 mile path through Tanaka Farms.

- Abbeville County Farm Bureau (South Carolina)
- Arizona Farm Bureau Federation
- Bamberg County Farm Bureau (South Carolina)
- Charles and Elyse Bliss (Colorado)
- Karen Bowen (Montana)
- D. Brewer (Wyoming)
- Rocky and Diane Brewer (Wyoming)
- Calhoun County Farm Bureau (South Carolina)
- California Farm Bureau Federation
- Charles County Farm Bureau (Maryland)
- Clarendon County Farm Bureau (South Carolina)
- Cowley County Farm Bureau (Kansas)
- Thomas Cunningham (Montana)
- Larry and Edith Dahlsten (Kansas)
- Dewitt County Farm Bureau (Illinois)
- Doniphan County Farm Bureau (Kansas)
- Richard and Shirley Felts (Kansas)
- John and Kathleen Finch (Wyoming)
- Henry Gartner (Georgia)
- Jim and Hattie Geesey (Wyoming)
- Victor and Leticia Gomez (Wyoming)
- Glenda Guyton
- Harvey County Farm Bureau Association (Kansas)
- Haskell County Farm Bureau
- Henry Charles (New Jersey)
- Tom and Phyllis Holcomb
- Michael Holt (Kansas)
- James and Gayle Holte (Wisconsin)
- Illinois Agricultural Association
- Indiana Farm Bureau
- Kentucky Farm Bureau Mutual Insurance Company
- Steve and Denise Kienholz
- Lexington County Farm Bureau (South Carolina)
- Louisiana Farm Bureau
- Louisiana Farm Bureau Mutual Insurance Company
- Marlboro County Farm Bureau (South Carolina)
- Gary and Sabrina Matteson (Washington DC)
- Roger and Janice McCollough (Kansas)
- Karen and Timothy Mueller (Massachusetts)
- Nebraska Farm Bureau Services
- Blaine County Farm Bureau (Nebraska)
- New Jersey Farm Bureau
- Jennifer and William Newcomb (Wyoming)
- Suzy Noecker (Wyoming)
- North Carolina Farm Bureau Federation
- North Carolina Farm Bureau Mutual Insurance Company
- North Dakota Farm Bureau Foundation
- Oklahoma Farm Bureau Board of Directors
- Orange County Farm Bureau (Florida)
- Kevin and Julie Paap (Minnesota)
- Pennsylvania Farm Bureau
- Michael Rice (Montana)
- Dennis and Diane Sanne (Nebraska)
- Ronald and Deborah Schulte (Ohio)
- Sedgwick County Farm Bureau (Kansas)
- Spartanburg County Farm Bureau (South Carolina)
- Mike and Lotsee Spradling
- Terrilee Stolz (Montana)
- Jeff Suloff (Wyoming)
- Sessex County Farm Bureau (Delaware)
- Richard and Michelle Treptow (Georgia)
- Wicomico County Farm Bureau (Maryland)

(Donors as of June 20, 2013)

LEGISLATIVE YEAR in review

Successful legislative session comes to an end for Oklahoma Farm Bureau

By Karolyn Bolay

Legislation involving water, animal welfare, agritourism and property rights were all successfully passed this session with the support of the state's largest farm organization.

"We are extremely pleased with lawmakers passing measures on these critical issues for rural Oklahoma," said Oklahoma Farm Bureau President Mike Spradling.

Leading the way early in the session was the issue of horse processing. Legislators passed HB 1999, which amends the Oklahoma Meat Inspection Act.

On the last day of the session, legislators passed SB 965, which reorganizes the Oklahoma Water Resources Board. The bill provides more regional representation on the board.

Between these two major pieces of legislation were other bills that are important to Oklahoma Farm Bureau members. They

include measures providing liability protection for agritourism venues (HB 1638), expanded hunting regulations for feral hogs (HB 1920), emergency drought relief (HB 1923) and a law to make it a felony for a second offense for cutting livestock fence (SB 708), as well as several other bills affecting rural Oklahoma.

"Our success this year was a direct result of grassroots membership involvement," Spradling said. "We had county Farm Bureau leaders constantly meeting with their legislators, staying informed and connected. This all played a dramatic and important role in getting these critical issues passed."

Gov. Mary Fallin (center) signs SB 965, which reorganizes the Oklahoma Water Resources Board, during a ceremonial signing, June 10, at the state Capitol.



Oklahoma Farm Bureau Priority Legislation signed into law

HB 1999

Rep. Skye McNeil and Sen. Eddie Fields introduced HB 1999, which turned out to be one of the most controversial bills of the 2013 legislative session. HB 1999 amended the Oklahoma Meat Inspection Act by allowing horses, mules or other equine to be transported, manufactured, processed, packed, sold or prepared in Oklahoma.

Gov. Mary Fallin announced the signing of HB 1999 through a press release and released a statement on the issue of horse abandonment and neglect.

“These animals traveled long distances, in potentially inhumane circumstances, only to meet their end in foreign processing plants that do not face the same level of regulation or scrutiny that American plants would,” said Fallin. “Those of us who care about the wellbeing of horses – and we all should – cannot be satisfied with a status quo that encourages abuse and neglect, or that rewards the potentially inhumane slaughter of animals in foreign countries.”

The meat is processed in Oklahoma and must be sold on the international market. HB 1999 also makes it unlawful for any person to sell horsemeat for human consumption in Oklahoma. Gov. Fallin signed HB 1999 into law on April 1.

SB 965

Water is a major topic of conversation across Oklahoma and it wasn't any different in the legislative body this session. SB 965, introduced by Sen. Bryce Marlatt and Rep. Mike Jackson, addressed an issue with representation on the Oklahoma Water Resources Board.

“It is important that we give enough representation to those individuals in rural communities to make the best decisions for the state of Oklahoma as a whole,” said Rep. Jackson.

SB 965 transitioned the current nine-member OWRB from one member from each congressional district and four at-large positions to one member from nine specific geographical areas.

“Just because an area is a rural area doesn't mean it doesn't contribute a tremendous amount to the state of Oklahoma, and we need to make sure they are represented on an issue as important as water,” said Sen. Marlatt.

With SB 965 in place, there will be more regional representation on the board, including one seat for Oklahoma County and one seat for Tulsa County. There will be a transition period while the board changes to this new representation. Gov. Fallin signed the bill on May 31.

SB 708

SB 708 was introduced this session by Sen. John Sparks and Rep. Tommy Hardin to increase the penalties for fence cutting. This bill increases penalties for any person who knowingly cuts or damages a fence used for production of livestock or any game or domesticated game animal.

“By passing this bill, we've made that legal connection more definite so the district attorneys can prosecute those crimes and hopefully deter individuals who are cutting fences,” said Sen. Sparks.

Anyone convicted of a second or subsequent offense can be convicted of a felony punishable by a fine of \$1,000 or by imprisonment not exceeding two years.

HCR 1012

Rep. Scott Biggs and Sen. Eddie Fields managed to carry a concurrent resolution regarding the right-to-farm. A concurrent resolution is a precursor to the joint resolution OKFB will pursue next year to amend the Oklahoma Constitution.

This resolution will recognize the rights of farmers and ranchers to engage in modern farming and ranching practices, which will be forever guaranteed in the state of Oklahoma. The resolution currently states: “It is the intent of the Oklahoma Legislature that it will pass no law which abridges the right of farmers and ranchers to employ agricultural technology and modern livestock production and ranching practices.”

Rep. Skye McNeil, author of HB 1999, explains the need for horse processing facilities in Oklahoma during a press conference, March 13, at the state Capitol.



Oklahoma Farm Bureau Supported Legislation signed into law

HB 1638

HB 1638, introduced by Rep. Scott Biggs and Sen. Ron Justice, created the Oklahoma Agritourism Activities Liability Act. The main purpose of this bill was to help relieve the agritourism professional from liability for injury or death from the risk incurred during agritourism activities.

“Right now, these businesses have trouble finding affordable insurance because they were liable for any type of damages that someone may suffer,” said Rep. Biggs.

Agritourism businesses must have a warning notice posted and maintained at the entrance of the agritourism location and at the site of the agritourism activity. Every written contract entered by an agritourism professional must contain the warning language prescribed in HB 1638.

Agritourism activities can mean any activity carried out on a farm or ranch for the general public for recreational, entertainment or educational purposes to view or enjoy rural activities.

SB 931

Sen. Ron Justice and Rep. Scott Biggs presented SB 931, which is a tort-reform bill that strengthens the Oklahoma Limitation of Liability for Farming and Ranching Land Act. The previous law limited the liability protection to landowners only if they charged no more than \$10 per acre per year for use of their agricultural property.

This could be for hunting, fishing, boating, camping, wildlife viewing or recreational farming and ranching activities. SB 931 changed the law so a landowner who is leasing his agricultural property to a person for hunting and fishing has liability protection under the act regardless of how much the landowner charges.

HB 1923

Drought has been a constant issue the past few years across the state of Oklahoma. Rep. Dale DeWitt and Sen. Ron Justice recognized this issue and introduced HB 1923, which creates the Emergency Drought Relief Fund. This will be a continuing fund that can receive monies from all types of sources.

“This fund is to help our ag producers and cattle producers because of the lack of pond water,” said Rep. DeWitt. “We still have a serious problem across the state even though we’ve seen significant rains.”

The fund received an initial appropriation of \$3 million. If the governor declares emergency drought conditions, the Emergency Drought Commission will be formed, consisting of the directors of the Conservation Commission, Water Resources Board and the secretary of agriculture. The commission will be responsible for determining how funds will be spent with approval from the governor.

The funds will be used for drought-response activities that may include: pond cleanup and construction; water conservation methods in production agriculture; water for livestock; rural fire suppression activities; red cedar eradication; soil conservation; emergency infrastructure conservation and measures; and any other drought response activities recognized by the commission.

SB 89

Sen. Roger Ballenger and Rep. Paul Wesselhoft introduced SB 89 this past session to address the issue of people dumping trash. This bill increased the fine from \$200 to an amount not to exceed \$400 for dumping trash on public or private property. The person who is ticketed is also then responsible for any required court costs.

HB 1740

Stricter penalties for violations of the Oklahoma Scrap Metal Dealers Act were introduced in HB 1740 by Rep. Harold Wright and Sen. A.J. Griffin. The new licensing will be effective Nov. 1, and scrap metal dealers must have a special license issued annually by the Oklahoma Department of Agriculture, Food and Forestry. Applicants must provide a full set of fingerprints for a national criminal history record check, along with detailed information on the application.

HB 2055

HB 2055 was introduced this session by Rep. Mike Jackson and Sen. Greg Treat. This bill provided a complete overhaul of the Administrative Procedures Act. The bill requires oversight and legislative approval of agency rules.



Speaker T.W. Shannon declares Oklahomans will not be intimidated by outside interest groups, as he shows his support for Oklahoma agriculture during a press conference, March 13, at the state Capitol.

OKLAHOMA FARM BUREAU OFFERS *New Member Benefits*

Oklahoma Farm Bureau is excited to announce several additions to the list of valuable benefits offered to members. Use your OKFB membership card to receive discounts at these new companies and visit www.okfarmbureau.org for a complete list of opportunities to save.



Members are eligible to receive a \$100 discount on any all-steel storm shelter from Storm Safe Tornado Shelters, an Oklahoma company established in 1987. Their original steel, in-ground models are designed to provide maximum storm protection in the convenience of ones' garage, porch or patio. Call (405) 606-2563 or email sales@stormsafeshelters.com for more information.



Case IH, a global leader in agricultural equipment, offers farm equipment discounts for Oklahoma Farm Bureau members. The following incentive discounts are available when purchasing qualifying Case IH products and equipment from participating dealerships:

Farmall Compact Tractors (A&B)	\$300 per unit
Farmall Utilities – C, U, and J series	\$500 per unit
Maxxxum Series and Farmall 100a Series	\$500 per unit
Self-propelled windrowers	\$500 per unit
Large Square Balers	\$500 per unit
Round balers	\$300 per unit
Disc Mower Conditioners	\$300 per unit
Sickle Mower conditioners	\$300 per unit
Case IH Scout	\$300 per unit



Life Station is a medical monitoring system that allows members the freedom to live independently in a home with the assurance that emergency assistance is available anytime with the simple push of a button. OKFB members pay only \$29.95 per month, and there are no equipment charges. Call (877) 288-4958 or go to www.membersmedicalalert.com for more information.



Gold Buckle Construction, an Oklahoma company established in 2004, offers members a 10 percent discount on its products and services. Gold Buckle specializes in all types of construction needs, including metal buildings, metal roofs, fencing, welding and other custom jobs. Call (580) 309-0988 or email goldbuckleconstruction@yahoo.com for a free estimate.



OKFB members will receive up to a \$25 Sam's Club gift card when you sign up for a new Sam's Club Plus Membership or renew an existing Plus Membership by June 30, 2014. Visit www.okfarmbureau.org, print off the offer under the Member Benefits tab and take to your nearest Sam's Club to redeem offer.



OKFB members receive a 15 percent discount from Great Wolf Lodge, an indoor family water park resort with 10 locations across the country (including Grapevine, Texas and Kansas City). Members can use the code OKFB105A when making reservations and then present your OKFB membership card when checking in. Visit www.greatwolf.com to book your stay.



Six Flags Over Texas offers OKFB members substantial savings off the main gate price. One-day tickets are \$37.79, season passes are only \$64.79 and Hurricane Harbor one-day tickets are \$23.75. Log into the OKFB Six Flags site to buy and print tickets <https://shop.sixflags.com/clients/sixflags/affiliate/index.php?m=20908>
Username: OKFBMEMOT
Password: SixFlags9 (*Password is Numeric & Case Sensitive*)



OKFB members receive a discount on one-day tickets to Oklahoma City's Frontier City or Whitewater Bay. Tickets to each park are \$22.76 plus a \$5 processing fee (per transaction not per ticket). Visit www.frontiercity.com or www.whitewaterbay.com to purchase tickets.
Username: OKFBmembers
Password: summerfun



OKFB members can save on admission to Branson's Silver Dollar City and White Water. Visit www.sdcticketoffers.com and use promo code 14605 to purchase tickets. While you're in Branson, make sure to take a ride on the Showboat Branson Belle, an entertaining dinner cruise on Table Rock Lake. Call (855) 769-4935 and ask for offer number 2002 to receive \$5 off adult tickets.

Oklahoma Farm Bureau provides its members with a variety of discounts, opportunities and services. The wide array of benefits ensures every member will find a benefit that can save them money or enhance their lives. We are often adding new discounts and services for our members to enjoy, so be sure to check regularly for new ways to receive the full advantages of an Oklahoma Farm Bureau membership. For more information on member benefits, visit our website at www.okfarmbureau.org.



Farm Value

- Case IH
- EZ Ranch
- Gold Buckle Construction
- Grainger
- KJD Enterprises

Home Value

- FB Bank
- GM
- Hughes Net
- M. Rhodes & Co.
- Oklahoma Country Magazine
- OKFB Insurance
- Sears
- Storm Safe
- TSC Security

Travel Value

- Alamo
- Choice Hotels
- Enterprise
- Great Wolf Lodge
- Hertz
- National
- Six Flags Over Texas

Wellness Value

- Air Evac
- Beltone Hearing
- Clear Value
- Delta Dental
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- Script Save
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- Quallsight

Annual Membership Dues by County

Adair \$35.00	Alfalfa \$30.50	Atoka \$35.00	Beaver \$31.00	Beckham \$35.00	Blaine \$35.00	Bryan \$32.50	Caddo \$35.00	Canadian \$35.00	Carter \$35.00
Cherokee \$27.50	Choctaw \$30.00	Cimarron \$35.00	Cleveland \$32.00	Coal \$35.00	Comanche \$25.00	Cotton \$30.00	Craig \$35.00	Creek \$30.00	Custer \$35.00
Delaware \$35.00	Dewey \$40.00	Ellis \$32.50	Garfield \$35.00	Garvin \$35.00	Grady \$35.00	Grant \$40.50	Greer \$35.00	Harmon \$37.50	Harper \$32.50
Haskell \$30.00	Hughes \$30.00	Jackson \$32.00	Jefferson \$30.00	Johnston \$30.00	Kay \$30.00	Kingfisher \$35.00	Kiowa \$30.00	Latimer \$35.00	LeFlore \$35.00
Lincoln \$35.00	Logan \$40.00	Love \$40.50	McClain \$30.00	McCurtain \$35.00	McIntosh \$30.00	Major \$36.00	Marshall \$30.00	Mayes \$30.00	Murray \$40.00
Muskogee \$32.00	Noble \$35.00	Nowata \$35.00	Okfuskee \$33.00	Oklahoma \$35.00	Okmulgee \$30.00	Osage \$30.00	Ottawa \$36.00	Pawnee \$30.00	Payne \$45.00
Pittsburg \$35.00	Pontotoc \$32.50	Pottawatomie \$31.00	Pushmataha \$25.00	Roger Mills \$37.50	Rogers \$27.00	Seminole \$35.00	Sequoyah \$35.00	Stephens \$26.00	Texas \$30.00
Tillman \$32.50	Tulsa \$35.00	Wagoner \$30.00	Washington \$35.00	Washita \$35.00	Woods \$34.50	Woodward \$32.50			

Membership Application

By becoming a member of Oklahoma Farm Bureau, you are joining the largest farming and ranching organization in Oklahoma. As a member of OKFB, you join forces with over 100,000 members who share mutual goals of protecting agriculture and the rural way of life. With a powerful voice at our state's Capitol, we can address issues head-on that impact Oklahoma's agricultural industry and rural communities. Oklahoma Farm Bureau represents you, no matter how you are involved in agriculture, directly or indirectly, rural or urban. Submit applications to: Membership Department, 2501 N. Stiles Ave, Oklahoma City, OK 73105.

Date: _____ Name: _____ Company/Ranch: _____

Address: _____ City: _____

State: _____ Zip: _____ County: _____

Telephone: _____ Email: _____

Recruited by: *(If applicable)* _____

Commodities that pertain to you: *(Circle all that apply)*

Cattle Dairy Hay Soybeans Sheep Wheat Cotton Swine Corn Poultry Peanuts Grain Pecan

Other: _____

Type of membership: *(Check one)*

- Voting:**
- 1. As a family (man or wife, or single person) we get the majority of our average gross income from the sale of agricultural products produced by us or tenant. (Income from oil, gravel and other natural resources from land held for agricultural purposes counts as farm income.)
 - 2. I am retired from agriculture, living on income or social security accrued from agriculture and not employed full time in another occupation.
 - 3. This membership is held by a partnership or corporation receiving the majority of income from sale of agricultural products. *(See Item 1, Voting Member)*

- Associate:**
- 4. I own or operate farm land, but my average gross agricultural income is less than half my total income. *(Part-time farmers, landlords, etc.)*
 - 5. My occupation is in agribusiness. I provide goods and/or services in agriculture or work for an agricultural organization or agency.
 - 6. My occupation is not directly related to agriculture or agribusiness.
 - 7. This membership is held by a church, FFA chapter, an association or by a corporation not producing agricultural products.

Please send me information on the following: _____ OKFB Leadership Team; _____ Young Farmers & Ranchers; _____ Legislative Activities/Public Policy

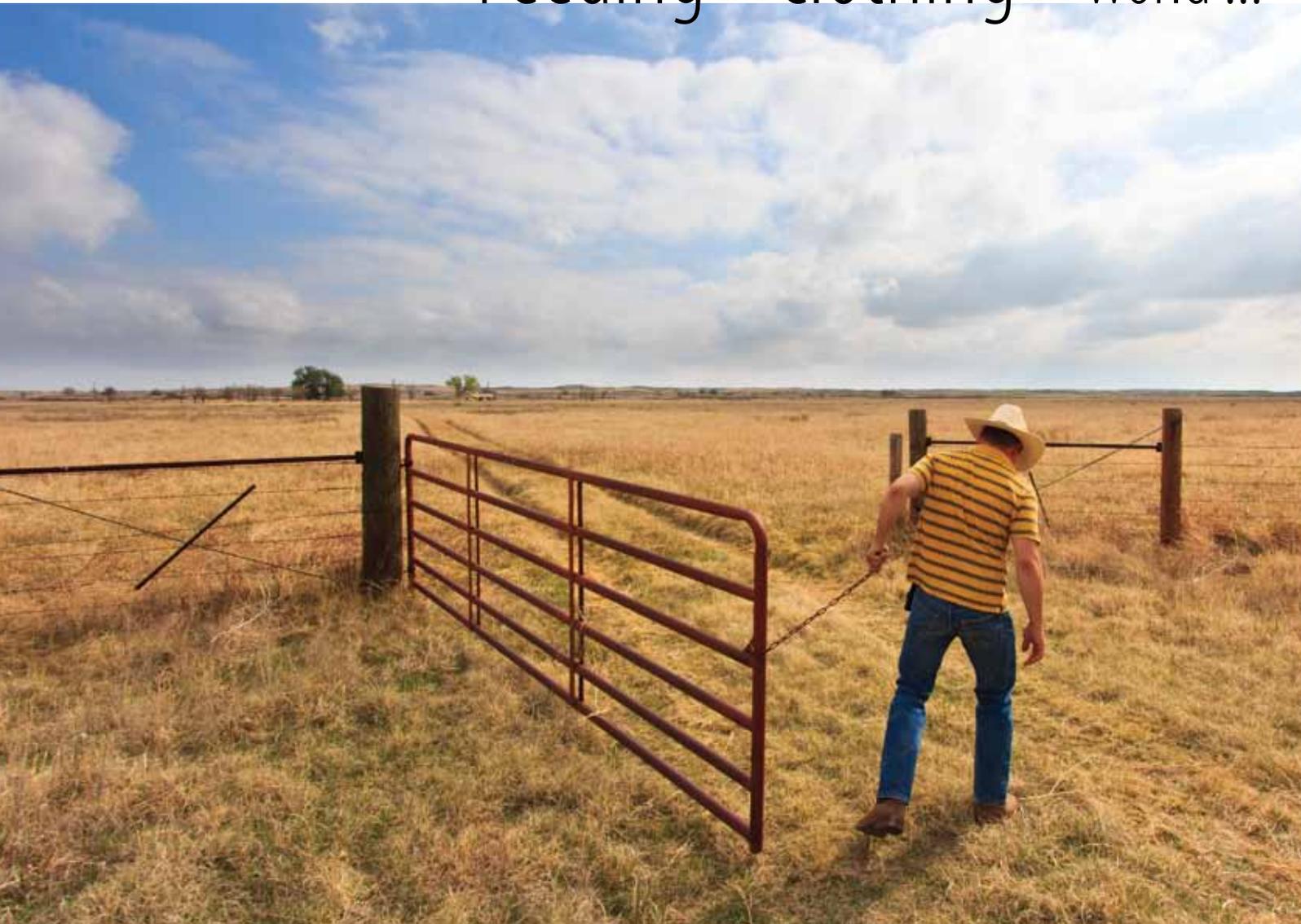
County Farm Bureau's Annual Dues: \$ _____ *(See chart on opposite page)*

Membership dues include a subscription to *Oklahoma Country* magazine.

I hereby submit my application for county membership approval in the Oklahoma Farm Bureau. I understand and agree that the county Farm Bureau has the responsibility for the final acceptance and classification of membership.

X _____
Applicant's Signature

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Tyler Mayer's family has been running cattle on their Texas County ranch for generations. It takes hard work, long hours and patience to see their labors pay off in a place where rain is often measured in hundredths of an inch. Oklahoma Farm Bureau has been around to help and stand up for the Mayer family and other Oklahoma farm and ranch families so they can tend to the land and the animals they love.

Farm Bureau leaders lobby Congress

The new farm bill, immigration reform, estate taxes and federal budget cuts were key issues discussed by Oklahoma Farm Bureau leaders during the five-day Congressional Action Tour in the nation's capitol, April 14-18.

"It's extremely important to discuss these issues not only with our own congressional delegation but other officials as well," said OKFB President Mike Spradling. "Even though we are in frequent contact with our delegation, they need our support as they work on these issues in Washington, D.C."

The farm group emphasized the importance of passing a new farm bill as farmers face uncertainty going into the growing season.

"It's vital we get a new farm bill written this year," Spradling

said. "Continued delays will reduce the farm program's effectiveness."

The Farm Bureau leaders emphasized they need a new farm bill that provides a strong safety net for farm income using a combination of crop insurance, a revenue assurance program and price protection.

During the trip, the farm leaders met with U.S. Sen. Inhofe and Sen. Coburn, plus all five U.S. House members from Oklahoma, including Frank Lucas, chairman of the House Agriculture Committee.

"Lucas is directing the new farm bill, and we're glad he understands how important the farm bill is for Oklahoma agriculture," Spradling said.

In addition, the Oklahoma farm leaders received legislative briefings from key staff at the American Farm Bureau office.

The Farm Bureau group has made the Washington, D.C., trip an annual rite of spring, as they take time out from their farm chores to visit the capitol and talk with the nation's leaders.



Left: U.S. Rep. Frank Lucas meets with OKFB members to discuss the differences in the proposed Senate and House farm bills, as well as potential timelines for passing the legislation.

Below: Congressional Action Tour participants pose for a photo on the roof of American Farm Bureau's office with the U.S. Capitol behind them. The tour kicked off with briefings at the AFBF office, including a welcome from AFBF President Bob Stallman.



National Women's Leadership Conference



The OKFB Leadership Team meets with American Farm Bureau Women's Leadership Committee member Sue Billiot (back, left) during the 2013 National Women's Leadership Conference, April 5-9, in Las Vegas. More than 450 Farm Bureau women attended workshops on promoting agriculture and developing leadership skills, while networking with women from across the country during the conference.

OKFB Leadership Team members (from left) Sharlene Lambring, Linda Fox and Margaret Ann Kinder increase their social media skills during an informative workshop at the 2013 National Women's Leadership Conference.



Farm Bureau leader appointed to agriculture board

Caddo County Farm Bureau leader Karen Krehbiel is the newest member of the Oklahoma Department of Agriculture, Food and Forestry's Board of Directors.

Krehbiel will serve a four-year term and represent district four which consists of 20 counties, mostly in southwest Oklahoma.

Krehbiel has more than 20 years of accounting and production experience working on her family farm near Hydro.

"I plan to use my experience and knowledge to make the best possible decisions and move forward," Krehbiel said.

Oklahoma Farm Bureau President Mike Spradling noted Krehbiel's abilities as a Farm

Bureau leader will help in her new position.

"Karen has demonstrated strong leadership skills as a Farm Bureau leader," Spradling said. "She is personable and a great communicator."

Krehbiel was nominated by Sen. Tom Ivester who praised her qualifications.

"Karen definitely has the skills and knowledge to serve on this board and it was my honor to sponsor her nomination," Ivester said.

Krehbiel has the unique distinction of

being the first woman to serve on the agriculture board.

"I am honored to serve as both a female and an agricultural producer," Krehbiel said.



Karen Krehbiel (center) meets with Sen. Tom Ivester (left) and OKFB President Mike Spradling after her appointment confirmation hearing at the state Capitol.

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2013 YF&R Leadership Conference



Opposite: Nearly 40 young farmers and ranchers tour the Devon Tower in downtown Oklahoma City during the 2013 YF&R Leadership Conference, April 4-7. In addition to other central Oklahoma tours, participants heard from inspirational speaker Kelly Barnes and attended the National Circuit Finals Rodeo at State Fair Park.

Above: Mercedes Hardin, Elise Bolay and Jessica Wilcox get to know a member of the Express Clydesdales team during a visit to the Express Clydesdales Ranch in Yukon. YF&R members also toured Producers Cooperative Oil Mill in Oklahoma City.

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Rural women leaders feed state legislators

State lawmakers received a “taste of the country” April 23 during the annual Oklahoma Farm Bureau Farm City Festival at the Capitol. The event is sponsored by the OKFB Leadership Team, consisting of rural women leaders from throughout the state.

The rural leaders used the Capitol’s first floor rotunda area to set out a spread of freshly prepared food, much of it home baked. There were trays of fresh vegetables, ham, turkey and beef, deviled eggs, fruit, cookies and brownies.

“This is a way to say thanks to our legislators for working hard on rural issues,” said OKFB Leadership Team Chairman Kitty Beavers.

Beavers said the event also provides a unique opportunity to lobby the legislators.

“We host the event at the Capitol so our leaders can spend time visiting with the lawmakers,” Beavers said.

More than 600 plates of food were prepared for legislators and their staff members.

“This is a great event and we always look forward to it,” said Rep. John Enns. “This connects farmers and ranchers with legislators in a good, positive way.”

That connection was not lost on Oklahoma’s Secretary of Agriculture Jim Reese.

“All of these people are eating and therefore they are connected to agriculture!” Reese said.

The rural Farm Bureau women leaders have been hosting the Farm City Festival for more than 30 years.



Top: Sen. Ron Justice thanks Caddo County’s Linda Taggart for the delicious lunch.

Bottom: Loleta Leslie (right), Woods County, visits with Rep. Jeff Hickman and Oklahoma Secretary of Agriculture Jim Reese during the luncheon.

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Golf event raises funds for legal foundation

OkFB YF&R Chairman Mason Bolay (right) presents a trophy to the first place tournament team consisting of (from left) JJ Louthan, Eric Smith, Keith Kisling and Chad Kisling.



More than \$9,400 was raised for the Oklahoma Farm Bureau Legal Foundation during a golf tournament at Cimarron National Golf Club in Guthrie, May 3.

The annual fundraiser is sponsored by the OKFB Young Farmers and Ranchers Committee as a way to garner funds and attention to the efforts of the foundation.

YF&R Committee member Zac Harris (right) plays his team's best drive, as teammates Mason Bolay, Justin Anderson and Chris Carroll wait their turns.



"This is a great chance to talk about the success of the legal foundation in defending our personal property rights and other issues," said Mason Bolay, YF&R chairman.

Despite the cool, windy weather conditions, 76 golfers participated on 20 teams. The winning team, sponsored by Alfalfa County Farm Bureau leader Keith Kisling, consisted of J.J. Louthan, Eric Smith, Keith Kisling and Chad Kisling.

The Oklahoma Farm Bureau Legal Foundation was created in 2001 by the Oklahoma Farm Bureau Board of Directors for the purpose of entering the legal arena to protect private property rights and production agriculture.

The foundation strives to serve farmers and ranchers through engaging in public interest litigation, researching legal issues affecting family farmers and rural Oklahomans, and educating farmers and ranchers and the public about issues important to agriculture.

The foundation is funded primarily through voluntary contributions of Farm Bureau members and through events such as the golf tournament. For more information contact LeeAnna Covington, OKFB Legal Foundation director, or go to www.ofblegalfoundation.org



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¹ Offer available through 4/1/14. Available on all 2012 and 2013 Chevrolet vehicles (excluding Volt). This offer is not available with some other offers, including private offers. Only customers who have been active members of an eligible Farm Bureau for a minimum of 60 days will be eligible to receive a certificate. Customers can obtain certificates at www.fbverify.com/gm. Farm Bureau and the FB logo are registered service marks of the American Farm Bureau Federation and are used herein under license by General Motors. ² Ownership costs based on 2012 Vincentric Model Level Analysis of full-size pickups in the U.S. retail market.

Centennial Development Committee looks to stay ahead of change

District 4 Director Jimmy Wayne Kinder discusses his group's ideas during the Centennial Development Committee meeting. The committee's goal is to identify areas of improvement and develop strategic planning suggestions for Oklahoma Farm Bureau.



The Oklahoma Farm Bureau Centennial Development Committee met May 16 to present ideas and discuss changes for the future of American Farm Bureau Federation.

The purpose of the committee, made up of about 60 OKFB leaders from across the state, is to pinpoint areas of the organization where members wish to see change or improvement.

"It's a strategic planning project for the organization," said OKFB President Mike Spradling. "We're looking at all the things that make up a grassroots driven organization like Farm Bureau."

The committee considers areas including member benefits, membership growth, financing and demographics. As society's need for change comes knocking on the door, improvements must be made to add value to the organization and satisfy members in the future, Spradling said.

"We know what we've done to get us to this point," Spradling said. "We want to see where the members of this organization want to go and what we need to do to make certain that we meet the goals, needs and obligations of the membership for the next 100 years."

As Oklahoma's representative on the AFBF Executive Board of Directors, Spradling will take the proposed ideas and forward them to the national committee. He said OKFB will also benefit from the changes.

"These situations parallel each other," Spradling said. "Things that are good for American Farm Bureau will be just as good and just as appropriate for Oklahoma Farm Bureau."

This was the second meeting of the Centennial Development Committee. The project will be completed in 2014, followed by the project's implementation and AFBF's centennial celebration in 2019.

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Students discover importance of safety

Nineteen Oklahoma teens learned about ATV, gun and farm safety at this year's Oklahoma Farm Bureau Safety Camp, June 11-13, at Tatanka Ranch in Stroud. Campers participated in several activities throughout the week to improve their knowledge on safety procedures to take back to the farm.

OKFB Safety Services Director Justin Grego said teenagers need to be aware of the risks associated with ATVs, guns and farm equipment so they know how to operate them properly.

"It's important to talk to them about rollover protective structures, PTO entanglements and slow moving vehicle emblems," Grego said. "It not only makes them aware of it, but they might also take the safety precautions back to their farm and remind their parents about it too."

ATV safety was a top priority at this year's camp. Statistics show ATVs cause about 18 deaths annually in Oklahoma, with a majority of those drivers being under 16 years of age.

"We spent about seven hours with them going over ATV safety," Grego said.

Second-time camper Colton Budy said the ATV safety training was one of the most eye-opening parts of camp.

"I saw the number of ATV accidents and how high they can be and how much you can reduce it by just wearing a helmet," Budy said.

The group also participated in the ropes course at Camp Redlands in Stillwater. The course is designed to promote teamwork, leadership and communication among small groups.

"They really learn to trust each other and look out for one another," Grego said. "It's really neat to watch them come together as a group."

Grego said he hopes the campers will practice the safety techniques they learned and warn others of the possible dangers, as well.

"They won't just be saving their life," Grego said. "They might be saving someone else's life too."

Camper Easton Mize of Seminole cautiously moves through the 25-foot high ropes course at Camp Redlands before zip lining to the ground.



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Rural youth join fight to combat childhood hunger

Members of the Hobart FFA chapter present a check to Rodney Bivens (center), executive director of the Regional Food Bank of Oklahoma. Representatives from Oklahoma Farm Bureau and Diamond Hats are also pictured.



During a press conference on May 1 at the state FFA convention, the Oklahoma Farm Bureau and Regional Food Bank of Oklahoma recognized members of the Hobart FFA and 4-H for donating livestock and money to the Beef for Backpacks project.

The Hobart youth received a \$500 cash award from the Diamond Hats, a group of women leaders dedicated to improving the lives of Oklahoma's rural youth through the livestock industry. Each year they provide valuable scholarships for Oklahoma's youth and this year sponsored a contest for FFA and 4-H groups that accumulated the most points based on animals and money donated to the Beef for Backpacks project.

"We are proud of the leadership exhibited by the Hobart youth and their strong desire to help others," said Monica Wilke, executive director of the Oklahoma Farm Bureau and Oklahoma's Farming and Ranching Foundation. Wilke is also a member of the Diamond Hats.

"I especially want to applaud the Diamond Hats for their creative idea of sponsoring a contest promoting the Beef for Backpacks project," Wilke said.

The Hobart youth donated livestock and cash valued at \$1,152.61 to the project.

"We would like to issue a challenge to other 4-H and FFA members to double or even triple our donation this year," said Chandler Smith, president of the Hobart FFA chapter.

The Beef for Backpacks project provides protein sticks for the Regional Food Bank's Food for Kids Program. Every weekend, the protein sticks are distributed into backpacks to help meet the dietary needs of chronically hungry children. The project is a joint effort with the Oklahoma Farm Bureau, Regional Food Bank of Oklahoma, Oklahoma's Farming and Ranching Foundation, Oklahoma's Beef Council, OSU's Food and Agricultural Products Center, Oklahoma Pork Council, Ralph's Meat Co. in Perkins and Chickasha Meats.

The project has been expanded to include pork and to date, more than 55 head of livestock were donated to the project.

Spradling honored at FFA Convention

OKFB President Mike Spradling (center) accepts the Oklahoma FFA VIP Award from state officers Kyle Hilbert and Kaylen Baker during the state FFA convention, April 30. The award is the highest honor given to adult supporters of FFA.

Altus FFA wins Oklahoma Farm Bureau video contest



The Oklahoma Farm Bureau Young Farmers and Ranchers Committee selected Cade Childers and Carson Vineyard of the Altus FFA Chapter as the winners of the inaugural YF&R video contest. The contest was designed as an outlet for high-school students to use their communications skills to show how Oklahoma producers care about the products they are producing.

Childers and Vineyard's video focused on the farming practices of Jackson County

OKFB YF&R Coordinator Holly Carroll (left) presents a check to video contest winners Carson Vineyard and Cade Childers (center) of the Altus FFA Chapter. Also pictured are Altus FFA Advisors Bruce Farquhar and J.C. Stafford.

farmers and gave a taste of what Oklahoma legislators are doing to preserve farming practices in the state.

"Our video is basically just promoting agriculture," said Vineyard, Altus senior FFA member. "It shows what all Jackson County farmers have to offer for their environment, what they do for their consumers and how they produce the best quality products for consumers to consume."

Childers, a junior at Altus High School, said the two wanted to show farmers truly care about their products and the way they raise them. 00059033

"They're not just people who raise things to make money off of them," Childers said. "They put a lot of time and effort and care into the products they produce."

Childers and Vineyard's winning video earned them a \$1,000 cash prize, as well as \$1,000 for their FFA chapter.

"I plan on building my education with the money received," Vineyard said. "I plan to attend Oklahoma State University in the fall and major in agribusiness."

Childers said he plans to use his prize money to purchase show pigs and feed for the upcoming Tulsa State Fair.

The Frederick FFA Chapter was chosen as the second place winner, earning \$500 for the video producers and \$500 for their chapter. The Coweta FFA Chapter's video placed third, winning \$250 for the producers and the chapter, as well.

High school students are encouraged to check the YF&R Facebook page for more information on the next video contest.

YF&R presents nine district scholarships

The Oklahoma Farm Bureau Young Farmers and Ranchers Committee recently awarded nine scholarships to graduating high school seniors. Students are required to be members of a voting OKFB family and enrolled in an agriculture program at an Oklahoma institution of higher learning.

The following students received \$1,000 toward funding their college education:

District 1

Travis Brewer, Guymon

District 2

Kalli Kliever, Thomas-Faye-Custer

District 3

Tanner Miller, Mulhall-Orlando

District 4

Allison Christian, Duncan

District 5

Tuff Parsons, Battiest

District 6

KC Barnes, Porter

District 7

Tyler Schnaithman, Garber

District 8

Jesse Blevin, Stuart

District 9

Laurie Fitch, Stillwater



OKFB Leadership Team uses online resources to promote agricultural education

Oklahoma Farm Bureau and other agricultural organizations partnered with Oklahoma Ag in the Classroom, the Southwestern Oklahoma State University Department of Education and Weatherford's West Elementary School to expose students to different agricultural commodities during STAMPEDE '13, April 26, on the SWOSU campus in Weatherford.

OKFB Leadership Team members explained how Oklahoma farm families write about their experiences in the field on the OKFB Harvest Watch blog and then gave students the chance to play My American Farm computer games.

Nearly 200 students and their teachers learned about the OKFB Harvest Watch blog, which follows the journey of six Oklahoma farm and ranch families as they plant,

manage and harvest crops and raise livestock. The blog has become a popular resource in Oklahoma classrooms, as students follow the families as they work long hours to supply the world with food, fuel and fiber.

The American Farm Bureau Foundation for Agriculture's My American Farm website uses interactive computer games to teach agricultural literacy to students and consumers. Players learn where food comes from and how those products get from the farm to their dinner plate.

Paula Sawatzky, Custer County, said the My American Farm games introduce students to areas of agriculture found in Oklahoma and across the country and provide a helpful resource for teachers and parents.

"The games can be used in the classroom with handouts from the website," Sawatzky

said. "Students can also use it in their free time to practice their skills in geography, math and language arts."

Sharla Waltrip, Custer County Women's chairma, said students are excited to interact with the websites, while learning at the same time.

"It is fun to share the ag story in a way the students enjoy," Waltrip said. "Because they are playing these educational games, they are learning, but they don't even realize it because they are having so much fun."

Bruce Belanger, coordinator of student teaching and field experiences in the SWOSU Department of Education, said STAMPEDE

Custer County's Paula Sawatzky uses My American Farm educational games to teach fourth graders about agriculture during STAMPEDE '13.



'13 gives students who might not know a lot about agriculture the opportunity to learn about how and where food is grown.

"We want these students to learn about agriculture and where their food comes from," Belanger said. "We also want them to learn about our natural resources, so they can be better stewards of those resources as they grow up."

Other agricultural organization participating in STAMPEDE '13 included the Oklahoma Wheat Commission, the Oklahoma Soybean Board, OSU Extension Service, the OSU Department of Horticulture and Landscape Design, the Oklahoma Forestry Services, Stone Stack Mill and PBAR Farms.



Ag in the Classroom Teacher of the Year

OKFB Leadership Team Chairman Kitty Beavers (right) congratulates the Oklahoma Agriculture in the Classroom Teacher of the Year Kimberly Pearson during the 2013 Agriculture Day at the Capitol, April 4. Pearson teaches science and chemistry in Gore and said being raised on a farm has shown her the importance of relaying agricultural lessons in the classroom.

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Pontotoc County Farm Bureau member wins outstanding agriculture program award

Hershel Williams, an agricultural business management professor at Pontotoc Technology Center, received a new 2013 Toyota Tundra and a 2-year lease as part of the 2012 Outstanding Postsecondary/Adult Agriculture Program Award from the National Association of Agricultural Educators. The pickup was sponsored by Toyota Motor Sales, U.S.A., Inc.

Williams was awarded the truck on March 28, at the Chickasaw Nation Community Center during the 2013 Ada Area Chamber of Commerce annual dinner meeting. Brett Roberts, Oklahoma district sales manager, Gulf States Toyota, was on hand to present Williams the keys to the 2013 Toyota Tundra.

“Over the past five years, Toyota Motor Sales has awarded more than 55 Toyota trucks to agriculture teachers throughout the U.S.,” said Jim Baudino, Toyota Motor Sales, U.S.A., Inc. engagement marketing manager.

“As a company, seeing first hand the educators take these trucks and put them to use within their educational programs and their communities is inspiring. I think I speak for both Toyota and NAAE when I say we are thrilled to be a part of such a meaningful and engaging sponsorship.”

“Toyota Motor Sales’ partnership with NAAE for this award is really wonderful,” said Jay Jackman, National Association of Agricultural Educators executive director. “This national award recognizes the values and traditions invested in youth and adult agriculture education programs throughout the U.S. Working with the National FFA Foundation on this partnership helps to solidify our impact on the agriculture and agriculture education communities.”

The Pontotoc Technology Center agriculture business management

program assists and works with farmers, ranchers and other professionals within the agriculture industry throughout Southeastern Oklahoma to improve business management, leadership, organization and efficiency practices within their operations.

This award distinguishes NAAE members who are conducting the highest quality agricultural education programs. The award recognizes leadership in civic, community, agriculture/agribusiness and professional activities. Outstanding agricultural educators are innovators and catalysts for student success in agricultural education throughout the U.S.

Hershel Williams (second from right) stands next to the 2013 Toyota Tundra he received as part of the Outstanding Postsecondary/Adult Ag Ed Program Award. Also pictured are (from left) David Lassiter, superintendent, Pontotoc Technology Center; Brett Roberts, Oklahoma district sales manager, Gulf States Toyota; Williams; and Jenny Cypert, business director, Pontotoc Technology Center.





OKFB president re-elected to national board

Oklahoma Farm Bureau President Mike Spradling has been re-elected to serve a one-year term on the Board of Directors for the American Farm Bureau Insurance Services and American Agricultural Insurance Companies. The election was held May 8, at the companies' annual stockholders meeting in Chicago.

"I am proud and honored to represent Oklahoma Farm Bureau Mutual Insurance Company on these national boards," Spradling said.

The Oklahoma agricultural producer is entering his seventh year on the national board.

Spradling and his family own and operate a cattle and pecan production business headquartered in Sand Springs, Okla.

American Farm Bureau Insurance Services and American Agricultural Insurance Companies were established to provide services to help Farm Bureau insurance companies achieve financial stability and growth. AFBIS currently services crop insurance needs in 20 states across the country, and AAIC serves as a reinsurance company for Farm Bureau insurance companies.

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Same Sauce, Different Story

Head Country goes from topping Oklahoma taste buds to enhancing barbecue plates around the world

From its start as a mere kitchen concoction in 1947, Head Country Food Products Inc. has flourished into a successful, internationally known company, thanks to a 66-year-old barbecue sauce recipe, hard work and some help from FAPC.

Oklahoma's No. 1 selling barbecue sauce has experienced a lot of success since its establishment, including receiving the 2013 Governor's Award for Excellence in Exporting and the U.S. Department of Commerce Export Achievement Certificate.

"We are very pleased to receive this award," said Paul Schatte, Head Country co-owner. "We have worked diligently to grow our international business. It is a pleasure to provide a taste of Oklahoma on a global perspective."

This annual governor's award recognizes successful Oklahoma firms for significant efforts to increase export sales, which means more jobs and enhanced economic development in the state.

While the Oklahoma company has built a name for itself, it took time and hard work. Recipe creator Donovan "Bud" Head developed Head Country Original Bar-B-Q Sauce in Shidler in 1947. In 1977, Donovan sold his recipe to his nephew, Danny Head. Production moved to Ponca City in 1982, where 150 cases were sold in the first year. It took more than five years for Danny Head to make a profit, but he stuck with it.

"The perseverance Danny Head had in the early years personally making deliveries and sales directly to many of their grocery accounts played a big factor in their success," said FAPC business and marketing relations manager Chuck Willoughby. "I also believe that Paul Schatte demonstrates that same perseverance and dedication as Head Country's founder, Danny Head. He is creative, forward-thinking and strategically minded."

Head Country's facility is triple the size it was in 1994 as a result of four plant additions.

FAPC began working with Head Country in 2001 to assist with its second expansion.

Since then, FAPC has assisted with product development and equipment identification for its salsa line and provided assistance and feedback for its social media and marketing strategy.

"I think a lot of their success can be attributed to the efforts they put into marketing their products," Willoughby said. "They understand the value of marketing

directly to consumers at events such as the Oklahoma and Texas state fairs."

One of FAPC's biggest contributions to Head Country was its assistance in creating a food safety plan, Willoughby said.

"FAPC has played a considerable role in Head Country's development of a food safety plan to include HACCP plan assistance, internal plant audits and customer-driven food safety programs," Willoughby said.

"During the second quarter of 2012, FAPC assisted Head Country in meeting British Retail Consortium criteria to meet Global Food Safety Initiative compliance requirements by one of its major customers."

Following these protocols has made it easier for Head Country to engage international customers.

"Implementing and following BRC regulations have helped us maintain and gain retail and food service business," Schatte said. "BRC standards are the regulations the international trade readily accepts. By having this level of certification, we are able to penetrate the international market without any hesitation from foreign customers."

Head Country first caught the attention of international customers through its participation in barbecue competitions. Consequently, word of the award-winning sauce spread

far and wide, and in 1999 the company made its first export to Germany. In 2006, Head Country was approached by an interested



Head Country Original Bar-B-Q Sauce can be found on grocery stores in several states across the country and even internationally.

Country Kitchen

By Rebecca Bailey

FAPC Communications Services Graduate Assistant

Sweden-based company and began exporting in spring 2007. Today, Head Country exports 43,000 pounds of barbecue sauce to Stockholm per month.

“Americans are enjoying our ethnic foods from around the world,” Schatte said.

“While outdoor cooking is the oldest style of cooking known to mankind, the U.S. has perfected the method. The rest of the world is eager to learn about what we can do.”

Not only has FAPC helped Head Country, but Head Country has also been a significant supporter of FAPC.

“Paul Schatte has served on FAPC’s Industry Advisory Committee since 2007 and is currently the chair,” Willoughby said. “In addition, foundation contributions from Head Country have totaled nearly \$100,000. We are fortunate to work with Head Country and look forward to a continued relationship.”

Much has changed since the start of the company, but the one thing that remains the same is the recipe. The beloved recipe is the same as it was 66 years ago, with one exception — Head Country now uses Worcestershire sauce without anchovies.

“We have stayed true to the recipe with that one little tweak, and people love our sauce,” said Danny Head, Head Country co-owner.

Oklahoma State University is a modern land-grant system of interdisciplinary programs that prepares students for success. OSU is America’s Brightest Orange. Through leadership and service, OSU is preparing students for a bright future and building a brighter world for all. As Oklahoma’s only university with a statewide presence, OSU improves the lives of people in Oklahoma, the nation and the world through integrated, high-quality teaching, research and outreach. OSU has more than 36,000 students across its five-campus system and more than 24,000 on its combined Stillwater and Tulsa campuses, with students from all 50 states and around 120 nations. Established in 1890, OSU has graduated more than 245,000 students to serve Oklahoma, the nation and the world.

BLACK AND BLUE BURGER (SERVES 4)

Ingredients:

1 pound Certified Angus Beef® ground chuck

4 crusty burger buns, sliced in half

4 leaves green leaf lettuce

1 tomato, sliced

4 portabella mushrooms, grilled

4 slices red onion, grilled

4 ounces crumbled blue cheese

4 tablespoons whole grain

mustard

Salt and blackening spice to taste

Instructions:

Preheat grill. Portion chuck into four patties. Season burgers with salt and blackening spice, grill to an internal temperature of 160°F.

Build sandwich by layering the lettuce, tomato, burger, portabella, onion and blue cheese. Spread the top of the bun with mustard.

Nutritional Information (based on 85/15 ground chuck):

Calories: 585, Fat: 29 g, Saturated Fat: 13 g, Cholesterol: 117 mg, Carbohydrate: 39 g,

Dietary Fiber: 3 g, Protein: 44 g, Sodium: 1063 mg, Iron: 36% of Daily Value



SWEET AND SPICY PORK MINI KABOBS

MAKES 24 (SERVES 8 TO 12 SMALL-PLATE SERVINGS)

Ingredients:

3 pounds pork tenderloin, silver

skin removed, cut into 48

(1-inch) pieces

2 tablespoons chili powder

2 teaspoons salt

1/2 ripe pineapple, peeled, cored,

and cut into 24 (1-inch) pieces

1 large red bell pepper, cored

and cut into 24 (1-inch) pieces

2/3 cup honey

2 tablespoons balsamic vinegar

Special Equipment:

24 6-inch bamboo skewers, soaked in water for 30 minutes, drained

Instructions:

Preheat broiler with rack about 8 inches from heat source. Toss pork with chili powder and salt. Thread 2 pieces of pork and 1 each of pineapple and red pepper pieces on each skewer. Wrap exposed end of each skewer with foil to discourage scorching. Mix honey and vinegar together for glaze. Broil, turning occasionally and brushing well with glaze during last 2 minutes, until pork is barely pink when pierced with tip of knife, about 8 minutes. Cook to 145 F with 3-minute rest. Serve warm.

Nutritional Information:

Calories: 100 calories, Protein: 12 grams, Fat: 2 grams, Sodium: 230 milligrams

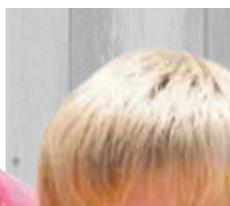
Cholesterol: 35 milligrams, Saturated Fat: 0 grams, Carbohydrates: 10 grams, Fiber: 0 grams





Farm Bureau® Young Farmers & Ranchers Program

YF&R SHAPES THE FUTURE



The YF&R program helps young members shape the future of agriculture, as well as their own, with leadership development. The program strives to provide personal growth and advancement opportunities for its members, while building a more effective Farm Bureau to preserve the industry.

As part of the YF&R program, top members are highlighted each January in three competitive areas. Three winners will receive their choice of a **2014 Chevrolet Silverado** or **GMC Sierra** truck, courtesy of GM; nine national finalists will receive a **Case IH Farmall** tractor, courtesy of Case IH; as well as a **\$2,500 cash prize** and **\$500 in STIHL merchandise**.



Danielle Budy of Woods County, OK, Photo by D. Mielke, OKFB



For more information about YF&R competitive events and how you can get involved, contact your state Farm Bureau office or the American Farm Bureau Federation® at yfr@fb.org or 202-406-3600

Country Classifieds

AUTOMOTIVE

1998 Eldorado Cadillac, one owner, 39,000 miles, fully loaded, excellent condition, 918-756-5191

1941 Ford 2 door sedan, body only, 405-567-3685

2000 Chevy 7500 Dump/Flatbed Truck, twin cylinders, new tires, new batts, cat engine, 6 speed, \$12,500, 405-783-4284, 106,000 miles

2000 International Truck, 2 ton, 24' bed, lift gate, diesel, runs rough, \$3,000, 405-375-4189

1800 Gold Wing Trike, Satellite Radio, Navigation System, Heated Seats/Grips, 2 Wired Helmets, less than 3K miles, \$28,000, 580-759-3441

1965 Mercedes Benz black, red seats, \$3500 or make offer, Sherri, 405-598-1202

2005 Honda Civic, VGC, black with tinted windows, gray interior, one owner, non-smoker, nice clean car, good gas mileage, 4 door, \$8300, 918-617-2914

For sale: 1977 Lincoln car, real clean, good condition, white in color, good tires, white leather interior, \$4000, 450-399-3424

1969 Rambler, 2 door post, \$1000, 1963 Impala and Belair parts for sale, 405-598-5757

For Sale: 98 swb 1/2 ton, wrecked; 1958 pickup needs restored; 1958 pickup cab and frame; 1949 pickup, rough, 918-424-5654

FARM MACHINERY/EQUIPMENT

18 ft Gooseneck flatbed trailer, 7 ft wide, 2 single axels, very good, 16" tires, new paint and new floor, nice, 580-238-1745

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Ford New Holland #4630, 760 hours, Box blade, 8 ft rake, and 5 wheel hay rake, 918-352-3063

Want to buy: Krause 12 1/2 tandem, offset disk in good condition, 405-238-3182

New Remcor 3-pt Sprayer, 150-gal, never used,

\$1000, McCurtain County, 918-448-0035

JD 4840 Tractor 2WD, \$17500; JD 8640 Tractor 4WD, \$12800; JD 1690 Air Seeder 40 FT, \$36500; Manchester, OK, 580-541-2326

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For Sale, Blue Ox Tow Bar, \$250, Safety cables for \$50 extra, 14' Vec Bottom Alum. Boat and trailer, no title, 580-513-0298

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Antique 2 bot drag plow, manure spreader, 405-567-3685

Rebuilt Propane Tanks, 500 gal. \$525, 250 gal. \$400, other sizes and new available, warranty, BLTTanks.com, 405-375-4189

Collector paying cash for antique fishing lures and tackle, also coke machines and signs, Troy – 800-287-3057

1975 17' Ponn/Toon – 1965 Evinrud Motor, 1066 INT Tractor with duals, less than 1000 hours on motor, 3 windows, A/C, 25,000 BTU, 12,000 BTU, and 10,000 BTU, and an Iron Master wood cook stove, 580-925-2644

Cemetery 2 lots, Memorial Park, Tulsa, OK, Section 14, Lots 694, Space 3-4, cost \$4,000, save \$3,500, 918-451-2636, Nice

Stanley Home Products, Fuller Brush, Degreasers, bath cleaners, brooms, mops, bushes, germicides, vitamins, hair brushes, combs, colognes, lotions, laundry soaps, all house cleaners, personal products, 580-497-2249

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Deadline for the next issue is Friday, September 13, 2013.

Beef for Backpacks

The Beef for Backpacks and Pork for Packs programs use donated cattle and hogs to produce nutritious beef and pork sticks for the Regional Food Bank of Oklahoma's Food for Kids program.

For more information on how to donate livestock, contact Thad Doye by phone at (405) 523-2307 or by email at thad.doye@okfb.org.

Pork for Packs

Apply now for Oklahoma Farm Bureau Awards

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August 15

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October 1

YF&R Excellence in Agriculture

YF&R Achievement

October 11

Other Awards Due

For More Information, Visit Our Website www.okfarmbureau.org

OKLAHOMA FARM BUREAU

Buy, sell, trade old comic books, Sallisaw, Oklahoma, Rick 918-208-6990

Black leather theatre seats with cup holders, \$150, Sherri 405-598-1202

Websites for your farm, ranch or business. Specializing in horses and ag related marketing. www.bakerequinepromotions.com

2 3/8 pipe \$1.10 - \$1.25, 2 7/8 pipe \$1.25 - \$1.35, all sizes sucker rods/corner post pipe, 405-627-3920

8th Annual Ranch Rodeo, Sponsored by Waurika Chamber of Commerce, July 12-13, 2013, Rex Dunn's Coyote Hills Arena

Finish mower - Woods, 6 ft, RD 7200, 3 pt, like new, pd \$2100, will take \$1500, 580-795-5907

For sale: cable tool drill rig - 3 sets of tools, \$9000, call 918-327-0860

6 ft Rhino finish mower, used, one owner, with operators manual with parts listing, plus two sets of used blades, \$650, 918-486-5531, Coweta, OK

Sub-surface royalty interest in (95) acres in Pontotoc County, Section 27. Including royalty check from (6) producing oil wells, 580-332-2468

Minerals for lease in Kiowa, Pottawatomie and Pushmataha and Stephens County in Oklahoma. Land available for cell tower sites in Stephens County, commercial land for lease, HWY 81 and Plato Road, Duncan, OK, 580-255-5335, leave message

6' King Kutter rotary brush cutter \$750, 60 gal air compressor \$300, Troybilt 5550 watt generator with Briggs and Stratton \$500, 580-279-7934

Vehicle sound system with speakers, fits pickup, \$200, OBO; Culligan water softener, complete system, \$300, OBO, 405-262-8499

Fence charger repair, all makes, rebuilt units for sale, we repair old international chargers, Pioneer Electronics, SE of Enid, 580-603-0063 or 580-758-9471
Two Oklahoma First Ladies by Lucelia Wise, 1911-1970 - Central - Edmond - Guthrie, Oklahoma First Ladies Coloring Book, 1911-1979, Bronze Book - 1928, 918-762-3120

To stop this depression, you must learn the truth in this \$5 cash report on healthcare. For more information contact: Boyd Corbett, P.O. Box 39, Bennington, OK 74723

Free DVD - U.N. Agenda 21: How will it affect you? Phone: 405-348-9991 or write: Oklahoma Projects, 415 West 15 #2, Edmond, OK 73013

4x8 trailer, car dolly, off-road scooter, 5K BTU a/c, 1 new, 1 used, Tuttle, 405-550-0387

MOBILE HOMES, RVs

2 BR, 2 BA, 2007 MH on 3 city lots, 2 carports and storage building, will trade for small country acreage with older home, 405-932-4596

2003 Brookwood 16x81 MH - 3 bedroom, 2 bath, metal roof, solar screens all around, front porch and

ramp, back porch, all appliances, must be moved, \$26,500 neg., 580-443-5454 or 940-293-5616

Airstream Trailer 1961, 4 new tires, clean inside and out, good glass, no dents, everything works, ready to go, \$10,500 OBO, Spiro, OK, 918-962-2064

For Sale: 2005 Mobile Home, 3 br, 2 bath, GE Range, Whirlpool washer/dryer, new 50 gal water heater, excellent condition, \$25,000 OBO, 405-255-4544

REAL ESTATE

4 bedroom, 3 bath, huge garage/shop, extra 30x30 building on one acre, Edmond schools, \$149,000, 2,560 sq. ft., 405-326-2645

10 acres, 1100 sq. ft., 2 bd, 1 bth home, 2 car carport, tree lined driveway, 30x40 shop, located btw Pauls Valley and Stratford, \$125,000, 580-362-6034

Business and House for sale, 3 bdr, 1 ba, 1 car garage, nice neighborhood, Business 3000 sq. ft., corner lot, busy street, Asian grocery store, call 580-480-0019

160 acre hunting lease, S.E. Lincoln County, 405-567-3685

Two and a half acres, flat, fenced and mostly cleared, Choctaw, SE 15th and Choctaw Rd, \$40,000, Excellent home site, 405-320-3023

2270 acres, 300 cow/calf ranch, 1/2 minerals, large exotic home, good other improvements, \$1250 per acre, Good Earth Land Co., 918-689-3166

10 acres - 5 1/4 mile east of Seminole on Hwy 9, Hwy frontage, has electric poles, water well, concrete slab where shop building was, Call 580-334-0906 or 580-334-9550

60 ac, good pasture land or home site, 5 mi south of Sapulpa, OK, excellent fences, beautiful pond, trees and creek, \$250,000, 918-321-5889

Lot for sale at Flint Ridge Resort, Delaware County, Enjoy all the amenities, \$500 plus closing costs, 405-224-7086

10 acres cleared and fenced with pond, 40x60x12 insulated metal building with 20' sheds, single wide trailer, well water, Bethel Acres, \$99,000, 405-223-6650 or 405-996-6316

3 minutes from Fort Cobb Lake, 5 ac - 40 ac., Highway access, starting at \$2500/acre, owner financing, 580-759-6038 or 405-643-2884

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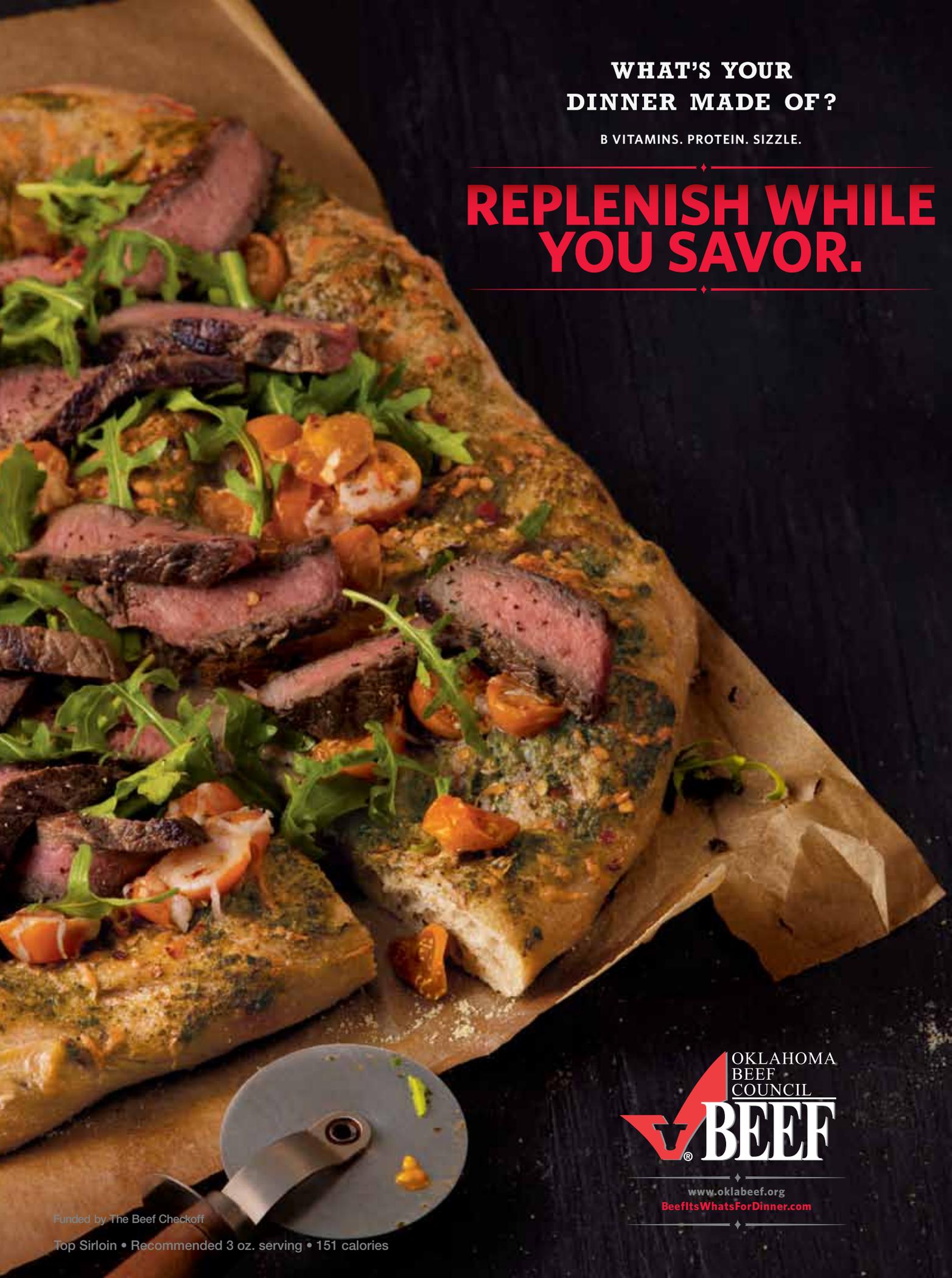
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O.B. Puckett 200 Elm Maysville, OK	Tim Cameron Rt. 1, Box 85 Orlando, OK	Daniel Garrett 1909 S. Jensen El Reno, OK	Mike Lee Rt. 4, Box 193 Tuttle, OK	Jim Youngs 1201 Clearview Mustang, OK	Sharon Graham 2821 Bella Vista Midwest City, OK	Starling Miller Rt. 3, Box 129A Perry, OK	Glenda Irick 2601 N.W. 118th Oklahoma City, OK	Dan Wedeman 3455 N. Red Rock Rd. Yukon, OK
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